



The University of the Third Age

MALDON AND DISTRICT

Gardener's Rutland Trip

THE PROBLEMS OF A NEW COACH !!!

It didn't have a puncture, and the engine was okay,
 The indicator signaled, and the fresh air blew our way,
 The seats were comfortable, the seat belts not too tight,
 And we were feeling lucky that this new coach was in sight.
 But the driver, he got out and in, and out and in some more,
 and only then we realised. It was the blessed door!!
 It opened and it closed all right as far as we could tell,
 But the coach it wouldn't move, so we just knew all wasn't well!
 The little light above the door was shining bright and clear,
 And because of that the coach had got a sort of safety fear.
 It's that built in health and safety in a new coach, don't you know?
 It tells the coach. Your light is on and so you cannot go!!
 So we waited at the roadside until they could send a man
 Who could understand technology and make it work to plan.
 So there we were all stranded with a three hour wait in store,
 For the man who had the right 'knowhow', to fix the blessed door!
 Annette Porte



NEWSLETTER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Ten Pin Bowling Swimming Meteorology Wine Circle	2 Discussion Poetry Petanque 2 pm Scottish Country Dancing	3 Botany	4 Duxford	5 Bird Watching Hanningfield Reservoir
6 Maritime	7 Table Tennis Snooker Luncheon Club	8 Ten Pin Bowling Bridge Painting	9 Ballroom Dancing French Conversation Reading Petanque 2 pm	10 Sing for Pleasure New Members Coffee Morning	11	12
13 Handicrafts Photography Table Tennis Beg. German Whist	14 Table Tennis Snooker Gardening Stebbing	15 Ten Pin Bowling Swimming Luncheon Club	16 Petanque 2 pm Scottish Country Dancing	17 Botany	18	19
20 Meeting 1.30 pm	21 Table Tennis Snooker Aviation	22 Ten Pin Bowling U3A Essex Assoc. Brain of Britain Quiz Painting Writing for Fun	23 Computers 1-3 pm Ballroom Dancing French Conversation Music Appreciation Petanque 2 pm	24 Beetle Drive Sing for Pleasure	25	26
27 Astronomy Handicrafts Penhurst Place Table Tennis Beg. Whist German	28 Table Tennis Snooker	29 Ten Pin Bowling	30 Scottish Country Dancing			

I try my utmost to get the calendar correct each month, but I would advise you to always check with your co-ordinator as to the date of your next meeting.

Newsletter Editor: Mrs. Jan. Robertson, 6 Blenheim Close, Danbury, CM3 4NE Tel. 01245 225657 email Jan8085@aol.com

AUGUST 2010

VOLUME 1X NO. 2

Reg. Charity No. 1086182

Web Site: www.maldon3a.co.uk

FROM THE CHAIR



Thank you all so much for the overwhelming interest in new groups, it is way beyond my expectations. It will take some time to organise, please be patient and two are already underway. There is plenty of time to add names to lists!

What a wonderful job our co-ordinators do, many are on the way through next years' programme with a wide range of interesting topics. Thank you to all because you are the core of making our U3A so interesting and successful.

Travelling around this country, it is great to see so many holidaying here this year, the caravans and tent sites so very busy - posh camping seems to be the in thing to do - what with luxury beds, loos and tents already erected - not quite the same as putting up a tent after a long drive, with tired children and husband, in really wet and windy weather - finding tent poles, one pole missing - only to find little James playing swords with it behind the car. - happy days" !!

I must say thank you to Carol and the Social Committee for such a great "Hog Roast".

Let us all enjoy August with the warm Summer weather before Autumn comes with its beautiful colours in September.

A few words by Roald Dahl'

" Hot and Cold".

"A woman who my mother knows, came in and took off all her clothes.

Said I, not being very old, golly gosh, you must be cold ?"

" "No!, no", she cried, "Indeed, I'm not!, I'm feeling, devilishly hot"!!

Joyce Cottrell,
oldcopperbeech@talktalk.net

CO-ORDINATORS

Chairman	Joyce Cotterell	01621 858287	Luncheon Club	Mike Wood	01245 222839
Vice Chairman	Beryl McDonell	01621 842093		Paul Costa	01621 853893
Secretary	Pamela Turnbull	01376 510084	Mah-Jong	Molly Polden	01621 856507
Treasurer	Rosemary Case	01245 329435	Maritime	Malcolm Case	01245 329435
Membership Sec. Committee	Michael Manning	01621 828605	Meteorology	Malcolm Case	01245 329435
	Paul Costa	01621 853893		John Robson	01621 828236
	John Almond	Ex. Dir.	Music	Enid Hall	01621 891618
	Janeen Trew	01245 227645	Appreciation	John Skuse	01245 224059
	Marilyn Webster	01621 843799	Olympics 2012	Mary Burd	01621 843020
Newsletter Editor	Jan Robertson	01245 225657		Paul Costa	01621 853893
Web Master	John Bowen	01245 224677	Painting	Eileen Lane	01621 816181
Social Committee	Carol Priest	01621 859822	Petanque (Boule)	Barbara Arnold	01621 853866
Astronomy	John Robson	01621 828236	Photography	Michael Manning	01621 828605
	Malcolm Case	01245 329435	Poetry	Jo Robson	01621 828236
Aviation	David Arnold	01621 853866	Reading	Sheila Epps	01621 850467
	Fred Lane	01621 816181	2nd Thursday		
Ballroom Dancing	Jo Robson	01621 828236	Scottish	Shirley	
Bird Watching	Pat Clements	01245 223427	Dancing	Grummett	01621 853288
Botany	Veronica Smith	01621 828176	Sing for		
Bridge	Sheila Epps	01621 850467	Pleasure	Sylvia Carpenter	01621 854905
Canasta	Marian Manning	01621 828605	Snooker	John Williams	01621 828461
	Margaret Dale	01268 765239	Strollers	Gill Stone	01621 853948
Clock Repairs	Stanley Clements	01245 223427	Swimmers	Gill Rowsell	01621 740619
Computers	Jan Robertson	01245 225657	Table Tennis	Gordon Hardy	01245 223012
Desk Top Pub.	Jan Robertson	01245 225657	Beginners	Julie Doidge	01621 841205
Discussion	Ray Harman	01621 891736	Ten Pin Bowling	Beryl McDonell	01621 842093
Family History	Frank Stokes	01245 223579	Whist	David Arnold	01621 853866
Continuing	Sylvia Carpenter	01621 854905	Wine Circle	Graham Boswell	01621 828874
French	Bill Stichbury	01621 855828	Writing for Fun	Pat Sizer	01621 892201
French					
Conversation					
Gardeners	Jan Robertson	01245 225657			
German	Jenny Plumb	01245 226112			
Good Companions	Beryl McDonell	01621 842093			
Handicraft	Marian Manning	01621 828605			

If for any reason you do not receive a posted newsletter within a week of the Meeting, (if you did not attend the Meeting) please contact Mike Manning 01621 828605



Purleigh Flower Show

Saturday, August 21

Village Hall

2 - 4 pm

Flowers, Pot Plants, Vegetables, Cakes,
Jams, Handicrafts etc.

Refreshments

Raffle

A fun afternoon, come and join us

BLACKWATER U3A

Contact:

Dr. Dennis Eraut, Chairman
01621 829758

SOUTH WOODHAM FERRERS U3A

Contact

Heather Richardson, Chairman
01245 320205

HEYBRIDGE U3A

Contact

Peter Thorpe, Chairman
01621 850828

NATIONAL OFFICE

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Web site www.u3a.org.uk
Resource Centre: email: resource.centre@u3a.org.uk

Deadline for next newsletter: Friday, 10th September

Clock Repairs

The next date for the clock repairs group will be
Wed. 25 August and NOT 18 Aug.

See you all then

Stan

Swimming

We have enjoyed our swimming so far this year, with great success and a
good deal of laughter. We are known as "that noisy lot"!

The planned programme is as follows:

1st, 15th, 29th September

13th, 27th October

10th, 24th November

8th, 22nd December

We meet in the Flume pool at the Blackwater Leisure Centre (pay on entry)
and join for coffee afterwards.

Please telephone me the day before, if you plan to join us, so that I know
who to contact Wednesday morning, should there be a problem.

See you in the water.

Gill Rowsell on 01621 740619

Gardening

Fri. Aug. 20 Visit to Beeleigh Abbey, Maldon. This is a public outing, so
please make your own arrangements in the afternoon.

Tues. Sept. 14 - 2.30 pm

We visit Snares Hall Cottage, Stabbing, CM6 3RY home of Mr. & Mrs.
Stabler. 1½ acre garden divided into several small areas which include a
bog garden, orchard, beach garden etc. etc.

Please sign up at meeting or give me a ring if you wish to join us.

Jan

Family History

Group 1 - no meeting in August.

New Group

Our next meeting will be on Friday 27th August at 10.00 am and will be
held at 56 Augustine Way, Bicknacre.

Frank Stokes

Maritime

The next meeting will be on **Monday 6th September at The Little Ship Club, Maldon, starting at 10:00 am**. There will be an illustrated talk by Tony Cuthbert on “The Romance of a Royal Yacht”; the talk will be about the concept, birth and life of a Royal Yacht, her crew, the Royal Family. Her adventures a unique slot in our Maritime History.

All U3A members are very welcome to come along.
Malcolm Case

Meteorology

The next meeting will be on **Wednesday 1st September at The Little Ship Club, Maldon, starting at 2:30 pm**. There will be an illustrated talk by Malcolm Case on “Hydrometeors”, the talk will cover rain and drizzle, snow, hail, dew, hoar frost, rime, glazed frost, including ice that forms on the decks of ships in the Arctic, and ice formation on aircraft.

All U3A members are very welcome to come along.
Malcolm Case & John Robson

Strollers

Sunday, 19th September Meet at The Square & Compasses, Fuller Street (signposted from Terling) for a walk of 4.75 miles.

OS Map Landranger series 167.GR: 748161

(We were meant to walk here earlier in the year, but it was too wet!)

If you are interested in having a meal afterwards, please can you let me know at least a week in advance, as this is a very popular place for Sunday lunch.

Gill Stone, Tel. 01621 853948/07814609474

Local & General History

On Monday 27 September we have our visit to Penshurst Place and Hever Castle. We leave the West Maldon Community Centre at 9.00 am and for those who have indicated, we will pick up at 9.10 am in Danbury at Eves Corner. Please leave your cars at the far end of WMCC car park.

As I shall be away prior to the 27th – if you are unable to go on this trip please contact Michael Blackwell on 07801 745244 as there is a waiting list.

Our next meeting is on Monday 25 October 2 pm at the Town Hall when we have Keith Lovell returning and on this occasion his talk is entitled “History through Essex Blue (or other) Plaques”. £1.50 and all members are welcome.

Mary Burd

LUNCHEON CLUB VENUES -
Times 12.15 pm

TUESDAY - 7th Sept. The Six Bells, Boreham
Co-ordinator: Mike Wood Tel. 01245 222839

WEDNESDAY - NO meal in September due to Holidays
Co-ordinator: Paul Costa Tel. 01621 853893

Note: If you sign up for the lunches and then find you are unable to attend for any reason, can you please notify the Co-ordinator as soon as possible, as places have to be booked at the venues.

Carol Priest - Chairman - Social Committee

Let me introduce myself:-

When I became a member of Maldon U3A approximately 5 years ago it was suggested to me that a good way of meeting people was to help on the reception desk (otherwise known as Meet and Greet).

I have since the beginning found fun and friendship in our U3A - people who have seen me through both the good times and the not so good times. This led me a few month's ago into thinking whether I could change roles and do a little more to help in some capacity or other. After some consideration I approached Dorothy Denmark - who was then the Social Committee Chairman and asked if I could be of assistance in any way. "Most certainly" was her reply and I was encouraged to go along to the next Committee Meeting. I duly attended and was warmly greeted by one and all. The meeting progressed and gradually it became clear that I was very welcome to join - there was a vacancy for !!! - You've guessed it!

Alan Buck stepped in and took over temporarily so that Dorothy could retire from the Committee and I could swallow hard and think about what lay in store. I am a firm believer in 'Nothing ventured - Nothing gained'. So here I am!

Since taking on this role I have been offered help from many people, from the past Social Committee Chairmen to other members of U3A and I am sure, with the guidance and friendship of the Committee, I feel all will be well.

So, if over the course of the next little while things do not go exactly as they have in the past, please remember, I am the New Kid on the Block and have a very hard act to follow.

This is a task I want to give of my best and also one that I really want to enjoy too.

Here goes.....

Advance Information.

Dr Geoff Bowles is inviting Maldon U3A Members to support an event he is putting on in The Barn at Sandford Mill, Chelmsford to raise its profile and earn a little money

Besides attending the excellent Play, U3A Engineers & Members will be able to look over the newly acquired Wireless Equipment which have just been collected from Cornwall. Geoff suggests to do this after the 1.30pm matinee.

The price of the ticket will include a preview of the Bill Waters collection of historic marine Wireless equipment now in store at the Museum. It comprises about 70 items of pre-war Marconi equipment including a 1900s multiple tuner, three quenched-gap spark transmitters, crystal and valve receivers from 1920 on, three direction finding sets, together with power supplies and switchboards.

He says the quality of some of these items makes some of the pieces lost to Oxford look very poor!



Macmillan Cancer Support

Monday 11th October

Please come and join me between 10 am and 12 noon to be part of the *World's Biggest Coffee Morning* for Macmillan Cancer Support at 11 Beaumont Way, Maldon.

Mary Burd

The Magician's box
ENTERTAINING AND INSPIRING THEATRE COMING
TO A
BARN NEAR YOU .

23rd September
Sandford Mill Barn
1.30 pm Matinee.
7 pm Evening performance.
All tickets £5

FURTHER DETAILS & RESERVATIONS: 01245 475498
CHELMSFORD BOROUGH COUNCIL www.chelmsford.gov.uk

Written and performed by the celebrated company Mad Dogs and Englishmen, THE MAGICIAN'S BOX features the turbulent life and times of John Joseph Mechi of Tiptree Hall Farm as he struggled to bring science, efficiency and steam power to the reluctant farmers of Victorian Essex.

The production 'Mad Dogs' are an award-winning touring company with 15 years' experience delivering exciting and entertaining theatre based on powerful writing, innovative direction and strong visual design. By staging the production amid farm carts in a large barn at Sandford Mill we are offering a venue appropriate to the play, in which the audience will experience touring theatre at its best; fast-paced, with multiple 'quick change' roles, music and surprises including 'guest' appearances from Charles Dickens and ElihuBurritt.

The story

Mechi appeared in Victorian Essex as 'like some *deus ex machina* for the salvation of agriculturists'. A firebrand half-Italian with a fortune based on sales of a 'magic razorstrop', he brought new money, a new urgency and new science and technology to the sedate world of Victorian agricultural reform, with an intensive version of 'high farming' based on Liebig's agricultural chemistry, thorough land drainage and the application of steam power to agricultural processing. He gave vent to his ideas in a string of publications and public appearances and gained a national reputation which put him among the judges for the 1851 Great Exhibition. Mechi features in the story of industrial as well as agricultural development; in Essex's latter-day 'industrial revolution' a prosperous and mechanised food industry played a leading role.

2010 CALENDAR—Dates for your Diary

List of Events and Outings during the year.

Sat 4 Sept	Duxford Battle of Britain Air Show - Aviation
Wed. 22 Sept	U3A Essex Assoc. 'Brain of Essex Quiz' Shire Hall
Fri.. 24 Sept.	Beetle Drive - Social
Mon 27 Sept	Visit to Penshurst Place & Hever Castle - Local History
Fri. 29 Oct.	Hallowe'en Party - Social
Thurs. 25 Nov.	Quiz Night - Social
Fri. 7 Jan 2011	Ceilidh - Social
Thurs. 17 Feb	Film Show - Social

Further details of the above events available from your Co-ordinator or in the Newsletter.



QUIZ NIGHT

Thursday, 25th November

Langford Village Hall

More details next month

ELY CATHEDRAL

Second Chance to voice your ideas

SOCIAL COMMITTEE 2010

Chairman Carol Priest
Members Janet Buck, Malcolm Case, Peter Condon, Mick Engelfield,
Bernard Gore, Jill Gore, Enid Hall, Graeme Johnston,
Judith Johnston, Sandy Lucas, Pat Quigley, Maisie Randall.

The Social Committee would like your opinion and suggestions on Social Events.

Please complete the following and either put it in the box provided at the Main Meeting or give it to any member of the Social Committee. Or email carolpriest1967@live.co.uk

1. Do you attend Social Committee Events	Yes/No
2. If no please tick all the reasons that apply	
(a) Not interested in what is on offer	
(b) Too expensive	
(c) Do not like attending in the evening	
(d) Other Please specify	
3. Are there any events you would like to see put on?	
4. Would you prefer more events with no food provided i.e. cheaper and bring your own drinks and nibbles?	
.....	
.....	
.....	
.....	

Built by William the Conqueror after his defeat of Hereward the Wake, Ely Cathedral stands as an example of William’s devotion to his religion. It was also built to demonstrate that William was the proper successor to Edward the Confessor and that the Fens belonged to the Normans, and not the Saxons.

This is the third church built on the site, the first being constructed in the seventh century by Saint Ethelfreda, a Saxon princess. Her image, in stained glass is prominent over the West door.

Ely Cathedral is known as the “Ship of the Fens,” as it was surrounded by water until the marshes were drained in the eighteenth and nineteenth centuries. The interior of the building remains quite beautiful despite the desecration wreaked first by the Reformation and then the Puritans – statues were smashed, stained glass windows shattered and plaster removed to the bare stone. Yet the building retains its beauty. With the plaster gone you can see and touch the marks made by the stonemasons as they created this magnificent building. Oliver Cromwell even closed the cathedral for ten years due to a falling out with the local catholic clergy. He put it to use though, as a stable for his cavalry horses.

The Lady Chapel, built in the fourteenth century, is dedicated to saint Mary and is the largest such chapel in England. The acoustics in the chapel are amazing. Our guide stood in one corner and sang a note which reverberated around the entire space.

After our visit, many of us enjoyed a coffee and cake at the small restaurant. Others had time to wander around the town and down to the river.

It was a great day out. We had terrific weather, enthusiastic, informative guides and enough time to enjoy the surroundings.

Yvonne Norman

U3A Maritime Group, Felixstowe Expedition

Monday 2nd August was an early 8.a.m. start to the Port of Felixstowe Container Terminal and Landguard Fort, weather fine. The drive to Felixstowe was without hold-ups and we found ourselves nearly one hour ahead of schedule and therefore stopped for a comfort break at a Lorry Café called Dickies! What a bonus!

The venue was very good, clean, tidy, spacious and the smell of cooking bacon was simply too much for some folk in hungry rush to get in. Outside in the Lorry Park was the most splendidly decorated and polished lorry cab, I think most of us had ever seen before, complete with a trailer travelling shop! The painted decorations were rather saucy!

Refreshed, we arrived at the container terminal where one is treated in a similar way to going through airport security; passports/ID and Identity tags to hang round ones neck. Security was at the highest level and the terminal had its own police force. John had done his liaison stuff very well and we were all quickly ticked off the security lists and then conducted to a visitor's reception room by our guide Iain Johnston, who is the Customer Services Manager for the terminal. We had a slide/audio presentation about the Hutchison Wampoa Group (Chinese) who owns and manages the terminal. We were treated to fresh coffee and made to feel very welcome.

We then re-boarded the coach which followed a police security vehicle round the whole complex with Iain providing a brilliant commentary. The company investment in the terminal and the surrounding area is massive including certain upgrades to the road and rail systems in Suffolk. They employ several thousand people, who receive in-house training together with excellent welfare facilities for the staff and the sailors who can come ashore whilst their vessel is alongside. We were fortunate to see the largest ship that berths there, the Emma Maersk, over 170,000 tonnes and over 400 metres long! The cranes that whisk the containers on and off the ships are gigantic and we saw them in action. The bus travelled between numerous rows of containers numbering thousands! The logistics are computer controlled and the whereabouts and destinations of every single container is recorded and updated. The crane operator has logistical screen access and so he has precise instructions for every container that his crane handles.

John had arranged a luncheon venue on the Felixstowe promenade, at the Spa Pavilion restaurant whose large windows overlooked the sea. As we had chosen from a menu en-route and John phoning ahead our orders, we were promptly served and had an enjoyable meal. John had even arranged for the Emma Maersk, which we had seen discharging, to sail out of the port before our very eyes!

The next venue was Landguard Fort, and after our Gruppen Furer had checked us in, the party was split into 2 groups each with our own guide. A fort had been in existence since the time of Henry 8 and the current construction was made up of building works that have been added over the centuries to accommodate various historical requirements. The guided tour gave us a wonderful insight into how a military establishment of that nature was run with a force of something like 400 men. It was in use during WW1 and 2 when it was used as an Operation Centre where radar intelligence was sorted and subsequent actions promulgated to our armed forces.

There are wonderful views from the fort and lots to see. It seems a grand place to take the grand-children and the beach and ice-creams are close-by.

Thank you John for all your researches and arrangements which made the outing run smoothly. You even managed to hold the rain back until we were all back on the coach, good timing!
Tony Cuthbert



Social Event

HALLOWE'EN PARTY

Friday, 29th October

Maldon Town Football Club, Saville Suite

Doors open 7.00 pm for 7.30 pm

Ticket Price £7.00

There is a Bar available, but please bring your own nibbles

U3A members only!

Hallowe'en Party, Friday, 29th October

Please reserve me Ticket's) @ £7 each

I enclose my cheque

for £.... made payable to 'Maldon & District U3A'

Name's) of Member's)

Janet Buck 58 Augustine Way, Bicknacre CM3 4ET
01245 227709

Hog Roast Evening

We arrived at Langford Village Hall to a hive of activity and strategically placed gazebos on the green. Smiths of Boreham were busy slaving over a hot hog and the Committee assembling salads etc. It was a beautiful evening with a few dark clouds on the horizon, but we were not to be deterred. The dull murmur of conversation soon grew to a crescendo as more and more members arrived and set up their tables. We processed to the food in an orderly fashion to collect our delicious pork and salad meal. It became a little quieter at this point, but soon rose again when desserts were announced. These too were delicious. The dark clouds only sprinkled a little rain on us, but did not come to anything significant. My congratulations to the Social Committee. Another delightful evening.
Pat Fancourt

~~~~~



### **Beetle Drive**

**Friday, 24th September**

**Langford Village Hall**

**Doors open 6 pm**

**Tickets £3.00 including Tea/Coffee and Cakes.**

Numbers are limited so it will be on a first come, first served basis.

**U3A members only!**

**Beetle Drive, 24th September**

Please reserve me ..... Ticket's) @ £3 each

I enclose my cheque

for £.... made payable to 'Maldon & District U3A'

Name's) of Member's) .....

Janet Buck 58 Augustine Way, Bicknacre CM3 4ET 01245 227709

## **2012 OLYMPICS**

We are pleased to tell you we have booked two further visits to view the Olympic site progress.

The first trip is on Thursday 2<sup>nd</sup> December and will include not only the Olympic site but the London Christmas Lights and a Thames Cruise. The cost of this is £24 excluding food.

The second trip is on Friday 10<sup>th</sup> December and this visits the V&A Museum of Childhood, the Olympic site and finishes with viewing the London Christmas Lights. The cost of this is £17 excluding food.

These will be offered to members of the Olympic 2012 Group on a first come first served basis.

Please e mail or telephone your interest.

|            |                        |              |
|------------|------------------------|--------------|
| Mary Burd  | maryburd43@yahoo.co.uk | 01621 843020 |
| Paul Costa | paul@costa.me.uk       | 01621 853893 |



~~~~~

New Members' Coffee Morning

Friday, September 10

Maldon Town Hall

10.30 am



London Theatre Visit

Yes, we usually go to a musical but this time I would like to suggest we visit the 'New London Theatre' to see 'War Horse', a play based on Michael Morpurgo's novel, which is presented in association with the Handspring Puppet Company.

It is the story of the First World War as seen through the eyes of a horse. No, it will not be joyous, but it is being acclaimed as a once in a lifetime 'must'.

Many U3A groups have seen it and all appear to endorse my last statement.

I cannot give you a specific date but it be in Feb/March time but I need to know if you could be interested. It will be a matinee performance. The price should be in the region of £25.

At the August meeting there will be a programme for you to look at, but for those of you who will not be there, then I am sure you can find all about it on the website.

<http://www.nationaltheatre.org.uk/warhorse>

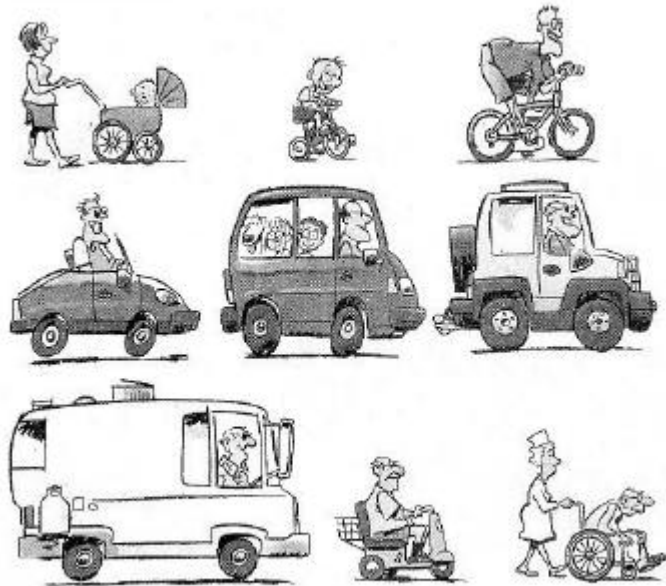
Beryl McDonell

Sea Fever - No!

Jo said 'Lets write about the sea'
And I thought 'No—not really me'
Those rolling waves are not my scene -
I like countryside and fields of green
Though never suffering mal-de-mer
For buffeting waves I do not care.
I'm bored just sitting on the sand
And always have a book to hand
I've never fancied a liner cruise
Lure of Captain's table and lots of booze
I'd rather look at Cotswold Hills,
Valley and woods and old stone mills,
Meadows where I used to roam
Of course they call to me of home
We went to Weston-super-Mare
Our Sunday School trip was always there
I liked to go on Weston Pier
But the gaps in the boards filled me with fear
I hurried on fast trying not to know
Huge waves could be glimpsed in the gaps below
Sea paddling soon was nipped in the bud
For at Weston you got covered in sticky black mud
Sea voyages hold little joy for me
On solid, dry land I'd rather be
With salt sea, wet contact—I'd have to pass
It's good in a frame, captured, behind some glass!

Pat Sizer - Poetry Group

The Wheels of Life



With this in mind, I bought myself a new scooter.
I wanted something that was easy on gas and could zip me to the store
And about town. This seems to meet my EVERY need.
I love it!



New Group

Trouble-shooters Group
Liz and Bryan Jones

We were going to call this group the 'Life Skills' group but have decided that the 'Trouble-shooters Group' would be more appropriate. The group is intended to be a self help, exploratory group with to 4 – 10 members. We propose to meet twice a month on the 2nd and 4th Tuesdays at 10am in Maldon.

What we will be exploring in this eminently practical and problem solving gathering, are techniques and ways of communicating that will enable us to help ourselves, our relatives, our friends or our neighbours to a more fulfilling, joyous existence.

Bryan and Liz are fully qualified Life Coaches and NLP Master Practitioners and have given trainings and workshops in these excellent and accessible techniques.

Please call us on 01621 857031 if you are interested or want to know more. (Remember, numbers are limited!)

Our websites will tell you more about what we do.

www.beaconlifecoaching.co.uk

www.beaconbusinesscoaching.co.uk