

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Table Tennis Luncheon Club Maritime Thames Trip	2 Ten Pin Bowling Meteorology Swimming Wine group	3 Discussion Poetry Petanque	4 Botany Family History Mah Jong	5	6 Bird Watching Two Tree Island Aviation Shuttleworth
7	8 Table Tennis Gardeners Pebmarsh	9 Ten Pin Bowling Bridge Painting	10 Ballroom Dancing French Conversation Reading Scottish Country Dancing Petanque	11 Canasta Sing for Pleasure	12	13
14 German Handicrafts Photography Table Tennis Beg. Whist	15 Table Tennis Aviation	16 Ten Pin Bowling Clock Repairs Luncheon Club Swimming	17 Petanque	18 Botany Mah Jong Cockney Evening	19	20
21 Meeting 1.30 pm AGM	22 Table Tennis 22/26th Maritime trip to Hartlepool	23 Ten Pin Bowling Bridge Painting Family History	24 Ballroom Dancing Computers 1-3 pm French Conversation Music Appreciation Scottish Country Dancing Petanque	25 Canasta	26	27
28 Astronomy German Local History Handicrafts Table Tennis Beg. Whist Local History Ely Cathedral	29 Table Tennis	30 Swimming Ten Pin Bowling Writing for Fun Local History Maldon Walk about				

I try my utmost to get the calendar correct each month, but I would advise you to always check with your co-ordinator as to the date of your next meeting.

Newsletter Editor: Mrs. Jan. Robertson, 6 Blenheim Close, Danbury, CM3 4NE Tel. 01245 225657 email Jan8085@aol.com



The University of the Third Age

MALDON AND DISTRICT



**COCKNEY
EVENING
Friday,
18th June**

NEWSLETTER

MAY 2010

VOLUME 1X NO. 11

Reg. Charity No. 1086182

Web Site: www.maldon3a.co.uk

FROM THE CHAIR



I hope that since the last meeting some of you have used the forms provided and nominated people for the Executive Committee. Since the beginning of our U3A we have relied on volunteers to make sure that it has been run in the way that you members are happy with. We are now at the time when we need fresh talent on the committee so how about some of you newer members coming forward and filling the gaps left on the committee by the retiring members. The Committee meets only for two hours once a month so the commitment is not a great deal to ask of anybody.

Alan Buck
Email: alan-buck@talktalk.net

Aviation Group

For our April meeting we visited Stow Maries WW1 Aerodrome for a guided tour. We had a fascinating visit with our guide Ivor Dallinger, there were over forty of us and another 20 or so from the Heybridge U3A History group, quite a crowd! We heard some of the history and saw the old place as it had been left in 1919 when the RAF 'walked away'. Although it was almost derelict in the officers mess you could imagine them sitting around that old fireplace before they were called to fly a fragile and temperamental string and strut aeroplane, maybe this was to be their last flight.

We decided to make the old wireless room our meeting place in future and will see how it all goes during the Summer before we need heat and light! The room is basic but the atmosphere is unique. It has been cleaned up a little and some of the 90 year old grime removed. So our next meeting will be on **Tuesday 18th. May at 2.00**. If you do not know where it is please contact me as it is not easy to find the first time (as some of us found out!).

It will be a chance to see the work being done and also too to volunteer to help in any way.

We still need a few more for our Summer outings, firstly to Shuttleworth D-Day Air Display (Sunday June 6th.), then Rougham Air Display and Car Show (Sunday August 15th.) which is not all about planes and finally Duxford Battle of Britain (70th. Anniversary) Airshow (Saturday Sept. 4th.) this will be a chance to see the new collection of photos of Duxford in WW2, pilots, planes etc. which been extensively reviewed in the press.

Everyone is welcome to our meetings and our outings. We have members coming from other U3As such as South Woodham and Great Baddow.

Any questions? Contact David Arnold 01621 853866

CO-ORDINATORS

Chairman	Alan Buck	01245 227709	Luncheon Club	Mike Wood	01245 222839
Vice Chairman	Beryl McDonell	01621 842093		Paul Costa	01621 853893
Secretary	Pamela Turnbull	01376 510084	Mah-Jong	Molly Polden	01621 856507
Treasurer	Rosemary Case	01245 329435	Maritime	Malcolm Case	01245 329435
Membership Sec.	John Robson	01621 828236	Meteorology	Malcolm Case	01245 329435
Speaker Sec.	Joyce Cotterell	01621 858287		John Robson	01621 828236
Committee	Paul Costa	01621 853893	Music	Enid Hall	01621 891618
Newsletter Editor	John Almond	Ex. Dir.	Appreciation	John Skuse	01245 224059
Web Master	Jan Robertson	01245 225657	Olympics 2012	Mary Burd	01621 843020
Social Committee	John Bowen	01245 224677		Paul Costa	02621 853893
Astronomy	John Robson	01621 828236	Painting	Eileen Lane	01621 816181
	Malcolm Case	01245 329435	Petanque (Boule)	Barbara Arnold	01621 853866
Aviation	David Arnold	01621 853866	Photography	Michael Manning	01621 828605
	Fred Lane	01621 816181	Poetry	Jo Robson	01621 828236
Ballroom Dancing	Jo Robson	01621 828236	Reading	Sheila Epps	01621 850467
Bird Watching	Pat Clements	01245 223427	2nd Thursday	Shirley	
Botany	Veronica Smith	01621 828176	Scottish	Grummett	01621 853288
Bridge	Sheila Epps	01621 850467	Dancing	Sylvia Carpenter	01621 854905
Canasta	Marian Manning	01621 828605	Sing for	John Williams	01621 828461
	Margaret Dale	01268 765239	Pleasure	Gill Stone	01621 853948
Clock Repairs	Stanley Clements	01245 223427	Snooker	Gill Rowsell	01621 740619
Computers	Jan Robertson	01245 225657	Strollers	Gordon Hardy	01245 223012
Desk Top Pub.	Jan Robertson	01245 225657	Swimmers	Julie Doidge	01621 841205
Discussion	Ray Harman	01621 891736	Table Tennis	Beryl McDonell	01621 842093
Family History	Frank Stokes	01245 223579	Beginners	David Arnold	01621 853866
Continuing	Sylvia Carpenter	01621 854905	Ten Pin Bowling	Enid Hall	01621 891618
French	Bill Stichbury	01621 855828	Theatre Group	Sheila Epps	01621 850467
Conversation			Whist	Molly Polden	01621 856507
Gardeners	Jan Robertson	01245 225657	Wine Circle	Graham Boswell	01621 828874
German	Jenny Plumb	01245 226112	Writing for Fun	Pat Sizer	01621 892201
Good Companions	Beryl McDonell	01621 842093			
Handicraft	Marian Manning	01621 828605			
Local History	Mary Burd	01621 843020			
	Alfred Couldrey	01245 226259			

If for any reason you do not receive a posted newsletter within a week of the Meeting, (if you did not attend the Meeting) please contact John Robson on 01621 828236

Say No to junk mail

Log on to mpsonline.org.uk and opt out of mailing lists. We waste a huge amount of paper on junk mail that is never read and goes straight into the bin. (On the other hand, the post office would have to close down without their input!) What are your views?
Jan, Editor

BLACKWATER U3A

Contact:
Dr. Dennis Eraut, Chairman
01621 829758

SOUTH WOODHAM FERRERS U3A

Contact
Heather Richardson, Chairman
01245 320205

HEYBRIDGE U3A

Contact
Peter Thorpe, Chairman
01621 850828

NATIONAL OFFICE

19 East Street, Bromley, Kent BR1 1QH
Tel 020 8466 6139 Email national.office@u3a.org
Web site www.u3a.org.uk
Resource Centre: email: resource.centre@u3a.org.uk

Deadline for next newsletter: Friday, 11th June

Local & General History

This month the first Historical walk around Maldon takes place on Tuesday 25 May - for those booked on this please meet the guide at 2 pm in the Butt Lane Car Park in Maldon.

In June we have our visit to Ely on Monday 28 June. The coach will leave the West Maldon Community Centre at 8.30 am. This trip is currently full and has a waiting list.

Then on Wednesday 30 June there will be another Historical walk around Maldon.

Mary Burd

2012 Olympics Group

There has been an excellent response to the proposal to form this group so we are going ahead with it. We intend to arrange a further trip to the Olympic sites later in the year and will keep members informed in due course.

Mary Burd 01621 843020
maryburd43@yahoo.co.uk

Paul Costa 01621 853893
paul@costa.me.uk

Bridge Group

Maldon U3A have a Bridge Group which meets on the second and fourth Wednesdays of the month at West Maldon Community Centre. We play from 2-5 and enjoy a pleasant afternoon together. You don't have to have a partner as we always manage to arrange things so that we all play. We would welcome a few more people along to join us and if you have never played, or feel a bit rusty, the following message from the Billericay and Basildon U3A may interest you.

Sheila Epps

Are you interested in lessons in Bridge?

We have received requests for tuition in Bridge and located a place at Barleylands where costs would not be prohibitive if we could find enough interest.

If you are interested please contact through this link
terry.mclaughlin@lineone.net

Snooker

We have been made aware that the snooker facilities at Madison are to be closed at the end of May. Although that has not yet been officially confirmed we have decided to look for an alternative location which could cope with the members who currently play snooker. As soon as such an arrangement has been organized, those concerned will be informed. John Williams

Botany

The botany group managed to meet twice over the last month, despite the interruption of Easter, and was delighted to welcome another new member. We shall start again on Friday 7th May with our usual scheme of 1st and 3rd Fridays of the month, and will look at some wild flowers that are unfamiliar to us, and the botany of Ferns.

New members are always welcome. Please contact Veronica Smith on 01621 828176 for details. .

Family History

Our next meeting will be on Wednesday, 26th May at 2.30 pm and will be held at 58 Augustine Way, Bicknacre. Please bring your queries, researches and personal histories.

New Group

Our next meeting will be on Friday 28th May at 10.00 am and will be held at 56 Augustine Way, Bicknacre.

Frank Stokes

Ballroom Dancing

We hope to be carrying on dancing through May and June, but we have a shortage of ladies at the moment. This can change but if anyone would like to come and doesn't have a partner please do come and give us a try, you never know who may turn up. We have members from South Woodham Ferrers, Great Baddow and Blackwater, and a very caring and patient teacher.

Jo

Social Evening

More than 50 of us attended the recent Social evening organised by the Social Committee with the aim of meeting and chatting to people we meet at various group or general meetings but never have the opportunity to really get to know one another. People wandered about joining in with groups, talking about everything and nothing and enjoying the friendly atmosphere that was created.

A short break for delicious sandwiches was followed by the numbers game. Two "captains", David Arnold and Fred Lane, were nominated by the Chairman to pick ten people each and the game was played with great encouragement from the rest of us. The laughter and applause at the end was a fitting climax to a few hours spent having an enjoyable time.

As usual the Social Committee worked their magic and held another great event, come and join us next time.

Request

The Social Committee are looking for new ideas for events in the forthcoming months and they would be pleased to have your input. There will be a Suggestions Box put out at the Monday Meeting or just send your ideas to the Chairman.

Email: alan-buck@talktalk.net

LUNCHEON CLUB VENUES -

Times 12.15 pm

TUESDAY 1st at Blue Strawberry in Hatfield Peverel.

Co-ordinator: Mike Wood Tel. 01245 222839

WEDNESDAY 16th at Izumis's at Madison Heights, Maldon

Co-ordinator: David Arnold Tel. 01621 853866

Please note, Paul is on holiday, so please contact David Arnold as above.

Note: If you sign up for the lunches and then find you are unable to attend for any reason, can you please notify the Co-ordinator as soon as possible, as places have to be booked at the venues.



COCKNEY EVENING

WICKHAM BISHOPS HALL

Friday, June 18

Doors open 7.00 pm

Price £14

By popular request we have invited the Cockney Pride to entertain us again for another most entertaining evening.

Fish and Chip supper
Bring your own nibbles and drink.

U3A members only!

Cockney Evening—Friday 18th June

Please reserve me Ticket's) @ £14 each

I enclose my cheque

for £.... made payable to 'Maldon & District U3A'

Name's) of Member's)

Janet Buck 58 Augustine Way, Bicknacre CM3 4ET
01245 227709

PURLEIGH GARDENERS OUTINGS 2010

There are a few seats available on the following outings.

Saturday, 3rd July Price £25

Brogdale Farm , Faversham, Kent Home of the National Fruit Collection

Brogdale Farm is set in beautiful orchards in the Garden of England. We will be able to walk around the orchards where they will be preparing for the Cherry Festival. There is a market place of shops selling local food and crafts and a plant centre. The Courtyard Café will be open with a range of food and drink.

Restoration House and Gardens, Rochester, Kent

Restoration House is set in the heart of historic Rochester. We will be able to explore the remarkable house which takes its name from the stay of Charles II on the eve of the Restoration.

We will be free to wander into the double walled gardens which have a formal pond, box parterre, yew hedges, herbaceous borders, fruit, vegetables and a cutting garden. Tea available to purchase.

~~~~~

### Saturday 4th September Price £21

#### **Honnington Farm, Tunbridge Wells, Kent**

Honnington Farm is a private garden of 6 acres. The soil is heavy clay producing a wide range of habitats including a natural swimming pool. Wildlife promotion is a priority and the farm has wonderful views.

Coffee and biscuits included.

#### **Broadview Gardens, Tonbridge, Kent**

Broadview Gardens is part of Hadlow College. The gardens are 10 acres located on the old Medway flood plain and hold the national collection of Japanese Anemones which will be in flower when we visit. After lunch we will be give a guided tour of the site of themed gardens and walks. There will be an opportunity to buy plants and bulbs.

Please contact Mrs. J. Gore, on 01621 828478 as soon as possible for a booking form and book or Jan Robertson on 01245 225657

Pick up points from Althorne Purleigh. Woodham Mortimer and Danbury.

## Healthy Living

**Would you like to join a  
free 8-week Shape-Up  
Healthy Eating Programme?  
Tuesday 15 June  
to  
Tuesday 27 July  
7.30 pm — 9 pm  
at  
Plantation Hall, Heybridge**

### It will help you to:

- Limit further weight gain
- Achieve modest weight loss
- Get into a regular eating pattern which will make it easier to resist tempting, high calorie foods
- Balance the types of food that you eat
- Reduce any tendency to overeat
- Become more physically active
- Manage difficult situations

For more information or to book a place call  
**01621 727354**

E-mail: [healthy.living@midsexpct.nhs.uk](mailto:healthy.living@midsexpct.nhs.uk)  
Central Essex Community Services is responsible for providing NHS services in the mid Essex area and is hosted by Mid Essex Primary Care Trust

## 2010 CALENDAR—Dates for your Diary

List of Events and Outings during the year.

|                    |                                                         |
|--------------------|---------------------------------------------------------|
| Tue. 25 May        | Historic Walk round Maldon - Local History              |
| Sun. 6 June        | Shuttleworth D Day Air Display - Aviation               |
| Fri. 18 June       | Cockney Evening - Social                                |
| Tue/Sat 22/26 June | 5 Day trip to Hartlepool and area - Maritime            |
| Mon. 28 June       | Visit to Ely etc. - Local History                       |
| Wed. 30 June       | Historic Walk round Maldon - Local History              |
| Tue/Fri 13/16 July | 4 Day trip to Rutland and area - Gardeners              |
| Thur. 22 July      | Hog Roast - Social                                      |
| Sun 15 Aug         | Rougham Air Display - Aviation                          |
| Sat 4 Sept         | Duxford Battle of Britain Air Show - Aviation           |
| Fri.. 24 Sept.     | Beetle Drive - Social                                   |
| Mon 27 Sept        | Visit to Penshurst Place & Hever Castle - Local History |
| Fri. 29 Oct.       | Hallowe'en Party - Social                               |
| Thurs. 25 Nov.     | Quiz - Social                                           |

Further details of the above events available from your Co-ordinator or in the Newsletter.



## *HOG ROAST*

Langford Village Hall

Thursday 22<sup>nd</sup> July

Ticket's £6.00

Open from 6.00 pm for a 6.30 start

( Umbrella's and Gazebo's optional )

Sign up at Meeting

## MARITIME DINNER

On Monday April 12<sup>th</sup>, at The Blackwater Sailing Club, 76 members came to the forth Maritime Group dinner. This time the theme was the “*HMY Yacht Britannia*” and members came dressed as dignitaries and representatives of several different countries.

Everyone entered into the spirit of the occasion and after an excellent four course dinner with wine, Tony Cuthbert gave a very interesting talk about the Royal Yacht.

A lively rendition of “Rule Britannia” followed and all too soon it was time to sing the National Anthem and say our goodnights.

Malcolm Case



## Maldon Housing Association

If you know of anyone who has reached the age when maintaining a house and garden has become a real burden or who needs the peace of mind that comes from knowing that help is on hand in an emergency, then a move to a self-contained flat in one of the Maldon Housing Association's houses may be the answer.

The Association is a registered charity (i.e non-profit making) and the Trustees are local volunteers whose primary concern is the happiness of residents. The houses are Deed House in London Road, Fairfield House in Fambridge Road and Berridge House opposite the gates to the Promenade.

The charges vary a little according to the size and location of the flat but start at about £110 per week **including** rent, heating, lighting and the services of the resident manager.

Moving home at any time can be a difficult decision but I should be pleased to talk to anyone who may be interested and to arrange a visit if that would help. I can be contacted on 01621 853291 or e-mail [hrbacon@aol.com](mailto:hrbacon@aol.com).

Alternatively, contact the Association office on 01621 840247 Monday to Wednesday 8 a.m. – 3 p.m.

Harry Bacon

## DORSET HOLIDAY LET

Stan and I were planning a holiday in Dorset. After much searching we found an advert in the U3A News with details of a cottage near Lyme Regis consisting of 1 bedroom, kitchen/ lounge and bathroom..

Phoning the owner who was extremely pleasant (U3A member) we discussed the price and booked it there and then. Details were on the web site.

On arriving there were flowers on the table, duck and hen eggs in the frig. and milk tea and coffee left to start you off. Everything was available including a sewing kit, torches, games and books.

The cottage is called Penny Cottage which is attached to Pound House occupied by the owners.

We had a most enjoyable week and would recommend it to anyone.

They do prefer U3A members.

Contact name.& tel.no. Bruce & Diana Beal 01297 489189

Pat & Stan Clements

**TO ALL GROUP CO-ORDINATORS WHO ARE:**

New and need help

Struggling to find new material to keep your members interested?

Trying to encourage your members to take a more active part in group sessions

**THE RESOURCE CENTRE CAN HELP YOU!**

The Resource Centre in the National Office in Bromley has a collection of non-book material available for all U3A groups to borrow free of charge, except for the cost of return postage. There are slides, videos, audio cassettes, CDs and DVDs available in many subject areas. Lists on all subjects are free and available on request.

To borrow items from the collection please contact the Resource Centre staff by letter, email, or telephone on Tuesdays, Wednesdays and Thursdays between 9.30am and 4.00pm. Give the title of items you would like on loan and the date of the meeting at which you expect to use them. The earlier you send your request, the more likely you are to receive the items you want. Bookings can be made for up to nine months ahead.

Loans are for a period of three weeks and may be renewed on request if there is no other group waiting to use them. Items will be sent by post with a note telling you the date to return them. The reusable packing is strong but light. When you return the item to us please obtain a certificate of posting at the Post Office. This is free but can be used to reclaim the value of the item should the package go astray. There is no need to use registered post.

Over ninety percent of all U3As in Britain use the Resource Centre regularly for material to support and enhance their classes. If we do not have what you need we can always try to obtain it (if it exists in non-book form) as new stock is being added all the time at the request of U3A members.

Elizabeth Gibson, Resource Centre Manager

Telephone - 020 8315 0199

Email - resource.centre@u3a.org.uk

**A full list of subjects available from our Secretary, Pam Turnbull on 01376 510084**

**MARITIME GROUP**

**Northumbria trip**

The trip to Northumbria June 22<sup>nd</sup> to June 26<sup>th</sup>, the coach will leave Maldon, from the bus stop opposite Focus DIY store, at 8:00am. Anyone wishing to be picked up from Eves Corner, Danbury, could they please let me know as soon as possible.

I have itineraries for everyone going, if you have not received one, please contact me.

Malcolm Case.

**Maritime Thames Trip Tuesday, 1<sup>st</sup> June**

Please note that the coach will be leaving WMCC at 7.15 am sharp. Will anybody leaving their car at WMCC please use the back of the car park.

Would anybody wishing to be picked up at Danbury please let me know asap

Tel: 01245 227709

Alan Buck

***The Bird Watching Group***

May Day found the group at Aberton Reservoir which is owned by Essex and Suffolk Water. It is the largest freshwater body in Essex and it is planned to increase its size by some 58%. The reservoir is a Wetland of International Importance, a Special Protection Area and a Site of Special Scientific Interest due to the wildfowl, residents or those using the waters as a migratory feeding station. The Essex Wildlife Trust's Centre has good views of a large feeding station and a Tern raft on the water.

Whilst the terns were keeping a low profile a Green Woodpecker (*Picus Viridis*) the largest of the British woodpecker family was strutting about looking for ants the bird is easily recognisable with its heavy looking grey green body short tail and long bill with vivid yellow green rump and a red crown. On a much smaller level we also caught a glimpse of a White Throat (*Sylvia Communis*) which was nesting just by the centre.

We of course ventured out and observed numerous L.B.J's (little brown jobs) at a distance but we were serenaded by nightingale, black cap, great tit, chiffchaff, all of which remained resolutely out of sight.

The redevelopment is due to be completed by 2013 with major work already having started, most of the hides having been dismantled the one exception having a notice declaring that due to wildlife having moved in the hide was closed so our hoped for sightings of the wildfowl will have to wait for another visit.

The group next meet on Sunday 6<sup>th</sup> June at Two Tree Island.

# AGM

## REMINDER

- 1 If there is any item you would like included on the agenda for the AGM on 21 June 2010, please let the Business Secretary know by 25 May 2010. Please note that only items previously notified by the due date can be considered at the AGM.
  
- 2 If you wish to nominate a member for any of the officer posts, or as a committee member, a nomination form can be found in the newsletter. Please complete this and return to the Business Secretary by 25 May 2010. Nomination forms will also be available at the May meeting or, if requested, by post.

*Pamela Turnbull*  
Business Secretary

### Eligibility for Office and to Vote

All paid-up members for the year 2010/2011 are eligible to stand for committee and to attend and vote.

### Ordinary June Monthly Meeting

This will take place before the AGM at 1.45 p.m. for the purpose of announcements and registering for events. Strawberries and cream will be available at the close of the meeting.

## Nomination Form for Officers (Chairman, Vice Chairman, Treasurer and Secretary) 2010

| Nominee | Position | Proposed by | Seconded by | Nominee's Signature |
|---------|----------|-------------|-------------|---------------------|
|         |          |             |             |                     |
|         |          |             |             |                     |
|         |          |             |             |                     |
|         |          |             |             |                     |

## Nomination Form for Committee Members 2010

| Nominee | Proposed by | Seconded by | Nominee's Signature |
|---------|-------------|-------------|---------------------|
|         |             |             |                     |
|         |             |             |                     |
|         |             |             |                     |
|         |             |             |                     |