The University of the Third Age

MALDON
AND DISTRICT

NEWSLETTER

Summer Holiday

August 2018

Reg. Charity No. 1086182

Web Site: **www.maldonu3a.co.uk**

FROM THE CHAIR

I am sorry that I have been missing for two months but do hope it is not too long before I am back. Everything has run smoothly but that of course is down to your excellent committee.

Being confined to one room, as I am at present, does bring home the plight of people who are permanently in this position. Please be aware of your friends and neighbours who would possibly benefit from some company.

The excessively hot weather has passed and things should return to normal. The groups have organized a variety of things so as ever they need your support. Please get out and enjoy the activities and the friendship.
As always any new ideas, let us hear them.
Get to the monthly meeting at Wickham Bishops and learn about the groups!
Brian Johnson

Aviation

On July 17th 24 members received an excellent presentation from the Essex and Herts Air Ambulance Trust. The Helicopter Emergency Medical Service is controlled from the Emergency Operations Centre at Broomfield Hospital. The Essex Helicopter is based at Earls Colne and from there can reach the furthest point in Essex in less than 20 minutes.
The service has flown over 20,000 missions since they started in 1997, and is deployed on average 4-5 times per day. The operation costs £6m per year to run. The team on the aircraft consists of pilot, co-pilot, pre-hospital care doctor and critical care paramedic. They carry cutting edge drugs and equipment not normally found in NHS ambulances. The specially trained doctors can carry out open heart surgery and general anaesthesia at the roadside - amazing!
A donation of just over £60 was raised from the meeting. There will be no meeting in August - the next meeting will be on **18th September** at Purleigh Pavilion.

Family History Main Group

The next meeting for this group will be on **Wednesday 26th September** at 58 Augustine Way, Bicknacre, CM3 4ET at 10.00am.
Alan Buck - Co-Ordinator

Family History Beginners

This group will recommence meetings on **Friday 28th September** at 58 Augustine Way, Bicknacre, CM3 4ET at 10.00am.
The aim of the group is to help with advice on how to start researching their ancestors. Any member wishing to attend will be welcome.
A phone call or e-mail would be appreciated
or alan-buck@talktalk.net

Maritime **Monday September 3rd**

Those going on the four day Maritime trip, please note that the coach will be departing from the bus stop adjacent to Morrisons, Wyke Hill, Maldon at 8:30 am and from Danbury at 8:40 am.
If you are a National Trust member please bring your membership card with you.
Malcolm Case

Strollers Too

Tuesday 25 September
Please meet at The Old Crown Messing, CO5 9TU at 10.15 am for a 10.30 start. The walk is approximately four and a half miles long, over farmland and through ancient woods (4 stiles). Please let me know by **14 September** if you will be joining us. If you require lunch we will choose from the menu before walking.
Please note that arrangements sometimes have to be changed at the last minute so I need to have contact details for you even if you do not require lunch.
Christine Bishop
or email christinembishop19@gmail.com

Visit to Henry Moore Foundation

A small group of us had a wonderful day out here recently and we all highly recommend it to others.

You may not know much about Henry Moore's work but the name will be familiar as one of our greatest sculptors of the 20th century.
He lived and worked at Perry Green in Hertfordshire for over 40 years and has left a wonderful legacy of work in a delightful setting. He lived modestly with his family and, as he became successful, bought land around the house which proves to be a great backdrop to his work.

There is a lot to see in the grounds, the studios, workshops and the house he lived in. We had two excellent guides to talk us through the house and afterwards the sculptures. It is impossible to convey the impact and power of his work. Photographs cannot do it. Sculpture is three dimensional and it is only by walking round the pieces it that it can be appreciated. The light, time of day and temperature can show different aspects.

There is a delightful, airy café leading straight on to the grounds and also places to have a picnic. It would make a lovely family day out and, since it is only just beyond Bishops Stortford, is a pleasant journey.
Go on line for more details — Henry Moore Foundation and have a good time.

Sheila Epps

Welcome to the Maldon Man Shed

The Maldon Man Shed is a community space for men to get together and take part in practical activities such as woodworking, crafts and gardening. A larger version of the typical men's garden shed we offer a space for people to learn new skills, share existing ones and make new friends over a shared interest. The Old Mortuary Building, Maldon Cemetery, London Road, Maldon CM9 6LT
The Shed is open on Mondays, Wednesdays and Saturdays, visit the website to get involved and to find out more and join us as a Shed member.
Men don't talk face to face, they talk shoulder to shoulder.
www.maldonshed.btck.co.uk

Geology Group

We had an interesting Summer with Field Trips starting in April.
We have studied Church Walls at Danbury and Little Braxted, Castle Walls at Hadleigh and landslip formations from the Ice Age.
A very interesting day was spent on Wrabness Beach looking at Sand Layers from the Pleistocene Period and layers of Volcanic Ash formed at the end of the Cretaceous Period during violent volcanic activity as Greenland separated from Northern Europe.
We hope to visit Chafford Gorge in August for the Chalk Walk.
Please note there will be **NO MEETING in SEPTEMBER** and we will reconvene on the first Tuesday of October.

Astronomy

There is no meeting in August – Bank Holiday. The next meeting of the group will be on **Monday 24th September** starting at 7:30 pm.
Further details will be in the September Newsletter.

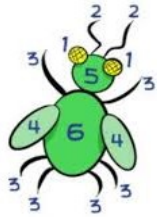
Astronomy Questions

1.The last manned Moon landing ended on 14 December 1972.
Who was the last astronaut to step off the Moon's surface?
A: Gene Cernan B: Harrison Schmitt C: Charles Duke
2. The diameter of the Earth at the equator is about 12,756 km.
What is the diameter of the Moon?
A: 2,783 km B: 3,167 km C: 3,476 km
3. The most abundant element in the Sun by mass is Hydrogen.
What is the second most abundant element?
A: Oxygen B: Helium C: Nitrogen
Answers will be in the September Newsletter.

Canasta Group

We have had a very successful first half year and I thank you for your attendance in making it so. I look forward to welcoming you all back on **Friday 14th September**, following the August break. We start at 2pm so your arrival by 1.55pm the latest, would be appreciated.
Thank you,
Iris Slaney.

Afternoon Beetle Drive



At Langford Village Hall

Friday, 12th October

1.45 for 2.00 start until 4.00 pm

Tea and Cake in the interval

Just bring yourself and enjoy a fun afternoon

Tickets £4

Tickets from Barbara Byam Shaw

~~~~~~~~~~~~~~~~~~~

Volunteers for St Peter's Hospital, Maldon

During my recent stay in St Peter's Hospital I was pleased to be able purchase newspapers, sweets and toiletries from the trolley which came round daily. Not however on Friday, Saturday and Sunday.
When I enquired why, I was told it was a service provided by volunteers and there was no one who could do these days.
Is this a cause that would interest any of our U3A 400 plus members?
If you would like to help please contact me for the details.
Chairman Brian Johnson

What would be involved? would be undertaking DBS + Occupation Health clearance for each volunteer. I can do this on-site and, as I complete this electronically, is quite straightforward and comes through within about three or four days.
The role would involve, on a Friday taking the pop-up shop trolley round and then Saturday and Sundays would be newspapers only.
We are looking for people who would be interested in going on a rota to deliver some newspapers at weekends to the patients on the rehabilitation and stroke wards. This usually involves not more than six newspapers but is such an important service and helps people feel connected.
Lorraine Pendleton
Volunteer Coordinator
St Peter's Hospital
~~~~~~~~~~~~~~~~~~~

2018/9 CALENDAR—Dates for your Diary

Events and Outings during the year

3/6 Sept	4 day trip to North Norfolk—Maritime
Mon. Sept. 24	Kentish Curios—Local History
Fri. Oct. 12	Beetle Drive—afternoon at Langford VH
Wed. Oct. 24	Cyber Crime Prevention—WMCC
Thurs. Nov **22**	Classical Spectacular— Royal Albert Hall - Theatre
Wed. Nov. 28	Social Evening with Entertainment by Marshall King
2019	
Feb 28	Posh Frocks Do

Further details of the above events are available from your Co-ordinator or in the Newsletter.

~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

Community Bus

Message for all Co-ordinators who use the Community Bus for their outings. Can you please inform the Treasurer, Graham Webster of your planned trips as the Community Bus do not keep details of the origin of the booking and poor Graham cannot trace who to charge for the trip.

MALDON U3A MEMBERSHIP

Could all members please ensure that any changes to their details i.e. address, telephone numbers, email address, emergency contact etc. are sent directly to the Membership Secretary Malcolm Case, either by telephone or email (both of which can be found in the monthly Newsletter).
Thank you.
Malcolm Case

Heybridge U3A are starting a beginners **Yoga Group** on Wednesday, **19th September** at Plantation Hall, Heybridge. For more details contact Gloria Bomford COG Heybridge Yoga.
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

Cyber Crime Presentation

Wednesday, 24th October, 10.00am to 12.00pm, West Maldon Community Centre.

Many of us now use on-line banking, emails and credit cards and can, if we're not careful, become victims of cyber crime. You may have heard reports in the press or seen news items on the television about different scams and tricks used and to help explain how we may be affected by these, Barry Linton of Westcliff U3A and David Gibb from Essex Police have put together a presentation showcasing the various methods criminals use and how we can protect ourselves.

As this event is a joint venture with the other U3As in the Maldon area; Blackwater, Heybridge and Limebrook, places are limited. If you would like to be a member of the audience for this very informative talk either email Shirley Macro at thehighperch@yahoo.co.uk or telephone 01621 854856 to book a place. There is no charge for this event but please don't delay as seats will go quickly.

Shirley Macro.

Strollers—Sunday September 16th -Tollesbury.

This walk will be a relatively gentle stroll of about 3.5miles, around Mill Creek, to include parts if the Sea Wall and Tollesbury itself.

We will meet at Woodrolfe Green Car Park at 10.15 am. for a 1030 am. start. The Car Park is situated on the left hand side of the road as you approach the lower end of Woodrolfe Road just before a small industrial estate and the hump back bridge, near the Sail Lofts.

Lunch can be arranged in Tollesbury itself or a pub about 3miles away, so please let us know if you require lunch no later than **Friday August 31st s**o that we can make the necessary arrangements.

As you know, sometimes, for reasons beyond our control, the venue of a walk or lunch has to be changed after being advertised in this newsletter, so it is important to know who is coming so that we can advise you of any changes.

Sylvia Cousins

Jane Coombes

Following the excellent talk given by Tony Harris at the July Meeting

QUOTING SHAKESPEARE

If you cannot understand my argument and declare: it's Greek to me, you are quoting Shakespeare. If you claim to be more sinned against than sinning, you are quoting Shakespeare. If you act more in sorrow than in anger, if your wish is father to the thought, if your lost property has vanished into thin air, you are quoting Shakespeare. If you have ever refused to budge an inch, or suffered from green-eyed jealousy, if you have played fast and loose, if you have been tongue-tied – a tower of strength – hoodwinked or in a pickle, if you have knitted your brows – made a virtue of necessity, insisted on fair play – slept not one wink – stood on ceremony – danced attendance on your lord and master – laughed yourself into stitches, had short shrift – cold comfort, or too much of a good thing, if you have seen better days or lived in a fool's paradise, why, be that as it may, the more fool you, for it is a foregone conclusion that you are as good luck would have it, quoting Shakespeare. If you think it is early days and clear out bag and baggage, if you think it is high time, and that that is the long and short of it, if you believe that the game is up, and that truth will out, even if it involves your own flesh and blood, if you lie low till the crack of doom because you suspect foul play, if you have teeth set on edge at one fell swoop – without rhyme or reason, then to give the devil his due if the truth were known for surely you have a tongue in your head, you are quoting Shakespeare.

Even if you bid me good riddance and send me packing, if you wish I was dead as a doornail, if you think I am an eyesore – a laughing stock – the devil incarnate – a stony hearted villain – bloody minded, or a blinking idiot, then – by Jove O Lord tut, tut! –For goodness' sake-what the dickens! but me no buts – it is all one to me, for you are quoting Shakespeare…

Bernard Levin

The Friends at Broomfield Hospital (Fabh) are volunteers dedicated to making life better for patients and staff at the Hospital.
More volunteers are urgently needed to work in Fabh's two shops on the hospital site and our trolleys on the wards.
People of any age and from all walks of life can volunteer with the Friends and it need not be a huge commitment, just a few hours on a regular basis is all that is needed.
By becoming a volunteer with the Friends at Broomfield you will be part of an enthusiastic team making a vast difference to the lives of patients, staff and visitors.
Our volunteers carry out various roles and they all have one thing in common, the satisfaction they gain from making a contribution and helping others.
To find out more about joining our friendly team call in to one of our shops on the hospital site, visit www.fabh.org or ring 01245 443285

Croquet Group

The new croquet group met for the first time during the afternoon of Thursday, 26th July. The new group was welcomed by members of Maldon Croquet Club who helped them get an understanding of the game and how to use the mallet and work their way around the lawn. Despite a temperature of 30 dg we did manage to play a few games, with regular stops for a sit down and a drink. Croquet is a fun game to play, especially when with good company as we were on Thursday. There was some very good play from complete beginners and hitting the ball and running hoops was greeted by cheers and cries of "Well done!"
If you would like to come along and have a go, the group will be meeting on the **2nd and 4th Thursday afternoons**. There is a charge of £5 for the use of all the equipment. We will be playing from 2.15pm. Please note that for safety reasons, closed in shoes should be worn, no sandals.
The next date for Croquet will be **Thursday, 23rd August.**
For further information please contact Jean Healey or
Shirley Macro

‘Battles Over’
Maldon District Commemoration

As you will be aware, 2018 marks the centenary of the end of the First World War. Maldon District Council is inviting you to join us in paying homage to the fallen through a range of events culminating in the Battles Over commemoration event on the evening of

11th November at Promenade Park.

We want to provide an opportunity for communities to contribute to the commemoration and to honour all those who gave so much.

Three Steel Solitary Soldiers will be unveiled in Promenade Park, Riverside Park and Hythe Quay and stand for 100 days In the lead up to the 11 November.

We are also privileged, with the kind support of the trustees of the Moot Hall and Maeldune Centre in Maldon, to host the powerful Danger Tree exhibition from the end of October.

To make this exhibition work, we need volunteer stewards at the venues. Volunteers are invited to contact the Tourist Information Centre.

The World's Biggest Coffee Morning 2018

Everyone is welcome to come to my coffee morning for

Macmillan Cancer Support.

Friday 28 September

from 10 am to noon.

Venue: 11 Beaumont Way Maldon.

Mary Burd

~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

Bob & Graham's big Balti Night

Monday 8th October

at 7:00 for 7:30pm

at BALTI BHUJON 24 Mill Road, Maldon.

Please contact Graham Evans

Or Bob Gowers

Email u3amaldonbalti@btinternet.com

17th September Meeting

Wickham Bishops Village Hall at 1.30 pm

Speaker

Vic Botterill

Vic Botterill is a former Chief Inspector with the Hertfordshire Constabulary who now gives wide ranging talks on a variety of subjects. He will be talking to us about the hidden meaning in Nursery Rhymes.
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

Botany

As English people we are supposed to be talking continually about the weather. Well, for the last few weeks it has played havoc with our planned botany walks. It was necessary to cancel one day because it was far too hot, another because the plants have suffered from the lack of rain, and also forced us to organise a trip in woodland where we knew it would be cooler. However, despite these set backs, a small group had an extremely successful look and identified at least 16 salt-tolerant plants down at North Fambridge, on a day when we might not have minded too much if the tide had come in early to cool us down.

Another day a larger group had a similarly successful woodland walk, with 16 or so accurately identified plants, one of which - the Wild Carrot - I have only ever seen once before. A second visit to North Fambridge was arranged for others who could not come before.

It was good to welcome a new member to the group.

We try to meet on Friday mornings every 2 weeks, but are flexible as weather conditions (or holidays) demand.

Veronica Smith

.

LUNCHEON CLUB VENUE

Times 12.15 pm

WEDNESDAY No lunch in September as Paul is on holiday
Co-ordinator: Paul Costa

Note: If you sign up for the lunches and then find you are unable to attend for any reason, can you please notify the Co-ordinator as soon as possible, as places have to be booked at the venues.

BLACKWATER U3A
Contact
Peter Harden, Chairman
01621 858506

HEYBRIDGE U3A
Contact
Jenny Parker, Chairman
01621 843581
jennyparker14@hotmail.com

LIMEBROOK U3A
Contact
Christine Dove, Chairman

Your Committee

Chairman	Brian Johnson
Vice Chairman	Alec Fraser
Vice Chairman	Shirley Macro
Secretary	Judith Johnston
Treasurer	Graham Webster
Membership Sec.	Malcolm Case
Newsletter Editor	Jan Robertson
Speaker Secretary	Veronica Smith
Committee	Andrew Simmonds
	Liz Jones

~~~~~~

Web Master	John Bowen
	Tony Groves
Social Group	Michael Childs
AV Equipment	Ken Cooper
Essex Assoc. of U3A's	
Committee	Malcolm Case

NATIONAL OFFICE
52 Lant Street, London, SE1 1RB
Tel 020 8466 6139 Email national.office@u3a.org.uk
Web site www.u3a.org.uk
Resource Centre: email: resource.centre@u3a.org.uk

Deadline for next newsletter: Friday, 7th September
~~~~~~

CO-ORDINATORS

Antiques	Awaiting new members
Art Appreciation	Andy Simmonds
Aviation	Brian Johnson
Astronomy	Patrick Forsyth
Balti Night	Bob Gowers Graham Evans
Bird Watching	Pat Clements Peter Gaywood
Botany	Veronica Smith
Bridge	Sheila Epps
Canasta	Iris Slaney
Computers	Awaiting new Co-ordinator
Cribbage	Pat Clements
Croquet	Jean Healey Shirley Macro
Discussion	Bryan Jones
Egyptology	Kathleen Goff Sue Robinson
Family History	Alan Buck
French Conversation	Ann Lester
Geology	Enid Hall
Golf	Jennie Wilson
Handicraft	Marian Manning
History—Tudors	Beryl McDonell
Just Jazz	Jim Light David Coombes
Local History	Sylvia Cousins Jane Coombes Kathleen Goff
London Walks & Talks	Awaiting new Co-ordinator
London Theatre Outings	Rosemary Case Joyce Cotterell
Luncheon Groups 3rd Wed. Eat & Meet 2nd Wed	Paul Costa Joyce Cotterell
Mah-Jong	Molly Polden
Maritime	Malcolm Case
Music Appreciation	Enid Hall John Skuse
Petanque (Boules)	Jack Veash
Poetry	Jo Robson
Reading	Sheila Epps
Rummikub 1 Rummikub 2	Colin Beckett Beryl McDonell
Scottish Country Dancing	Shirley Grummett
Sing for Pleasure	Sue Garnham
Strollers	Gill Stone
Table Tennis	Louis Gunn
Ten Pin Bowling	David Arnold
Weekenders	Beryl McDonell
Whist	Molly Polden
Wine Circle No. 1/2 Wine Circle No. 3 Wine Circle No. 4	Graham Boswell Mary Burd Paul Costa Ann Goody
Writing for Fun	Patrick Forsyth

PROGRAMME – September 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Bird Watching Rainham Marshes	2
3 Whist **Maritime** **4 day Holiday** **In Norfolk**	4 Table Tennis	5 Ten Pin Bowling Wine Group 1	6 Ten Pin Bowling Petanque Discussion Poetry Rummikub 2	7 Mah Jong Sing for Pleasure	8	9
10 Handicrafts Whist	11 Table Tennis Egyptology Art Appreciation	12 Ten Pin Bowling Bridge Luncheon Group	13 Ten Pin Bowling Petanque French Conversation History—Tudors Reading Rummikub 1 Croquet	14 Canasta	15	16 Strollers Tollesbury
17 **Meeting 1.30 pm**	18 Table Tennis Aviation	19 Ten Pin Bowling Luncheon Group	20 Ten Pin Bowling Petanque	21 Mah Jong Sing for Pleasure	22	23 Croquet
24 Astronomy Handicrafts **Local History** **"Kentish Curios"** Whist	25 Table Tennis Strollers Too Wine Group 4	26 Ten Pin Bowling Bridge Wine Group 2 Writing for Fun	27 Ten Pin Bowling Petanque French Conversation Music Appreciation Wine Group 3 Croquet	28 Canasta ***MacMillan Coffee Morning***	29	30

I try my utmost to get the calendar correct each month, but I would advise you always to check with your co-ordinator as to the date of your next meeting.

Newsletter Editor: Mrs Jan Robertson,