The University of the Third Age

MALDON
AND DISTRICT

NEWSLETTER

Visit to Newmarket

Monday, April 23

Local History

February 2018

Reg. Charity No. 1086182

Web Site: **www.maldonu3a.co.uk**

FROM THE CHAIR

Spring will soon be here, thank goodness, and we will be able to get out and about again. In the meantime there is plenty to do which is evident from the Newsletter. Please keep an eye on this and enjoy and support your groups. Also it is a good idea to use our web site (if you can).
It is worth remembering that we have an arrangement with Blackwater, Limebrook and Heybridge U3As that we can take part in their groups if they have room.

Whilst considering room, the problem with parking at Wickham Bishops seems to be working well at present but it is a squeeze. Could this be eased by making more use of car sharing? This could also help where members do not have transport. We will put out two sheets at the meeting, one to sign if you need a lift and one if you are able to provide a lift. The area would be important because people can not be expected to go too far out of their way. If you cannot get to the meeting, please tell me or one of the committee and we can add your name to the appropriate list. Perhaps you will make some new friends.

Please keep well and safe and I look forward to seeing at the next meeting.
Brian Johnson

Maritime

The next meeting of the Maritime Group is on **Monday 5th March** at the Blackwater Sailing Club, Heybridge Basin, starting at 10:00 am. Dr Aaron Jaffer will be giving a talk on "At Sea with the Tudors and Stuarts". Dr Jaffer is a researcher at the National Maritime Museum, Greenwich and is an associate of Dr James Davey. The talk will show how England, and later Britain, emerged as a Maritime Nation.
Hear about global exploration, the growth of English trade and Naval power, the ferocity of early-modern warfare, navigational advances and the rise of piracy. Encounter famous figures like Elizabeth I and Sir Francis Drake as well as lesser-known individuals, such as widows of the Anglo-Dutch Wars.

Any U3A member is very welcome to join us.
Malcolm Case

Astronomy

The next meeting of the Astronomy Group is on **Monday 26 February**, meeting at Chigboro Fishing Club, Chigborough Road, Heybridge. CM9 4RE at 7:30pm.
There will be a talk by Alan Chapman on "The Gas Giants of our Solar System". If weather conditions allow, then we will also be Night Sky Observing, so bring your telescopes and binoculars with you.
At our last meeting we were very fortunate, the skies cleared and we were able to observe the constellation of Orion together with Pleiades, Betelgeuse, Castor and Pollux to name but a few, this made up for all the missed opportunities due to cloud cover over the past few months. If you would like to join the group then you would be made most welcome.
Patrick Forsyth

Just Jazz

The February meeting of the Just Jazz group will be held on **Monday 19th** at the Queens Head on Hythe Quay starting at 7.30pm. Please buy all your drinks and nibbles at the bar.
Jim Light

Astronomy

We are planning a visit to Bayfordbury Observatory (near Harlow) on **Thursday 22nd March**, the visit will start at 17:00 hrs. The cost per person is £9.00. If you would like to come on this visit then please send a cheque, payable to Maldon & District U3A. It can be given to Malcolm Case at the main meeting or post it to 30 The Spinnaker, South Woodham Ferrers, Chelmsford. CM3 5GL. Cheques must be received before **5th March 2018.**

Visits last around 2 hours and include a talk from one of the astronomy students, a tour of the sky in the Planetarium, and a peek through the telescopes at Bayfordbury (weather permitting).

Aviation

This month we had one of the best lectures ever given by a WW2 Short Sunderland Pilot. His story was so well delivered and received.
On **February 20th** the talk is called "If you can drive a car you can fly a Vampire". Given by Richard Creek who flew Vampires in the Royal Air Force.

There is to be a visit to Brooklands Museum on **March 20th.**
Cost for Coach and entry to the Museum will be £27.
Coach will leave Maldon at 9-30 am, departure point to be advised, but will probably be WMCC. Pickup on route at Danbury approx 9.45 am.
Food is available in the Museum and there are extra things available in the Museum that can be paid for once inside if you wish.

Brian Johnson

HANDYMAN HUSBAND

Wife texts her handy husband on a cold winter morning: "windows frozen won't open". Husband texts back: "gently pour some lukewarm water over the edges and then tap edges sharply with a hammer".
Wife texts back 5 minutes later: "LAPTOP REALLY BROKEN NOW".

Strollers

The next walk will be on **Sunday 18th March**. A walk of approx. 4.5 miles with some road walking, footpaths and woods. Please meet at the Green Man, Kelvedon Road, Little Braxted at 10.15 for a 10.30 start. Please let me know if you are coming and want lunch by 9th March.
Contact Geraldine

Strollers Too

Tuesday 27th March

March's walk will start from St Bartholomew's Church Car Park, Church Road, Wickham Bishops, CM8 3LA. Meet at 10:15 for a 10:30 start. The Church would be grateful for a donation for car parking and a box can be found just inside the main church door. The walk is approximately four and a half miles long over farmland, riverside, ancient woodland and a little on metalled roads. On completion of the walk we will adjourn to "The Chequers" in Wickham Bishops for Lunch. Please let me know by **Tuesday 20th March** if you will be walking/lunching.
David Griffiths

Local History

The next meeting will be on **Monday February 26th** when Peter Layzell will give a talk on "Rural Essex in Victorian and Edwardian Times".
The meeting will be at the Town Hall and will start at 2 pm.
There are still a few places left for our visit to Newmarket in April and Kathy will also be taking names for those who wish to go on the walk around Chelmsford in June.
If you wish to go on any of these trips please bring your cheque book with you.
Our speaker on **March 26th** will be Lynne Raymond for her intriguing talk "Where there's a Will there's a Way".
All members are welcome and we look forward to seeing you there.
Kathy, Jane and Sylvia

Film Show

22nd March

Maldon Town Hall

2.15 for 2.30 pm

"COAST AND SEA"

from the "Britain on Film Series"

A nostalgic look at the Seaside from 1901 to 1978

Takes you to Weston-Super-Mare, Morecambe, Skegness,
Butlin's at Brighton and 1930's Surfing in Newquay, plus lots more.
Followed by Tea and Cake and a chat.

Tickets £4 each.
From Barbara Byam-Shaw

Botany

Last year the botany study season was unavoidably cut short. I should like to start up again after Easter. Could anyone interested in joining our enjoyable walks when the wild flowering season has started again, please let me know.
Veronica Smith.

Antiques

Thursday, 15th February. We will be discussing antique linen.
If you have any fine specimens in your cupboards please bring them along and enjoy a cup of tea and a chat.
Liz Wood

2018/9 CALENDAR—Dates for your Diary

Events and Outings during the year

Thurs. Mar.13	Visit to Tate Britain Gallery –Art Appreciation
Tues. Mar. 20	Visit to Brooklands Museum—Aviation
Thurs. Mar. 22	An Afternoon Film Show —"Coast & Sea" - Social
Mon. Mar. 26	Proposed visit to Bayfordbury Observatory - Astronomy
Thurs. Apl 23	Trip to Newmarket—Local History
Thurs. May 17	"The Play That Goes Wrong" - Duchess Theatre
Thurs. June 7	U3A Essex Quiz 2– 4 pm
Thurs. June 7	Evening BBQ - Langford VH— Social
Fri. July 6	Proposed visit to Hampton Court
Mon. Aug. 6	Chatham Dockyards & Medway Queen—Maritime
3/6 Sept	4 day trip to North Norfolk—Maritime
Fri. Oct. 12	Beetle Drive—afternoon at Langford VH
Wed. Nov. 28	Social Evening with Entertainment by Marshall King
2019	
Feb 28	Posh Frocks Do

Further details of the above events are available from your Co-ordinator or in the Newsletter.

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The Temple of Mithras in the new Bloomberg building, Walbrook in the City of London

This is well worth a visit and entry is free

(entry has to be booked online to ensure a designated time slot).

The remains of this ancient Roman Temple were originally discovered in the fifties and were removed to a safe place during the rebuilding of post war London. The Temple has now been put back in its original below ground home and along with display of Roman artifacts is well worth seeing. Sylvia Cousins and I also visited the Guildhall Gallery to see the remains of the Roman Amphitheatre.

All within easy walking distance of the Bank underground station.

A good day out in London if you enjoy this fascinating time in our history.

Kathy Goff.

London Walks & Talks

On **Wednesday, March 21st** Ian Bevan will be giving an illustrated talk on The Inns of Court in London, which are situated in and around Holborn, the Strand and Fleet Street. The talk will begin at 2.30 pm at West Maldon Community Centre, but the doors of the Hall will be open from 1.45 pm. Entrance fee is £2.
At this meeting we will be taking bookings for the Walk on **Wednesday, April 18th**. Ian Bevan will give us a guided tour through The Inns of Court in London.
Further details of the April walk will be given at the March meeting.

Unfortunately, the person who had volunteered to take over the organisation of this group has had to withdraw because of other commitments. So April 18th will be the last meeting of the London Walks and Talks group, unless there is someone else willing to take on the organisation of this group.

Janeen Trew
Christine Speed

Come on members surely there is someone willing to take over this very successful and enjoyable group.
Pick up the phone and ring Janeen

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Volunteer wanted to represent us on the Committee of the West Maldon Community Centre. This is not an onerous position. If interested please contact Brian Johnson
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2018/2019 Subscription Renewals

Membership subscription renewals are due no later than the end of April 2018

SUBSCRIPTIONS: One enrolment / renewal form is included with this newsletter, which can be photocopied if you need more. In addition they are available at the sign-in desk at the monthly meetings or from the Membership Secretary (see below). Each member must complete a separate form, but if you are a couple you may pay by a single cheque.

The annual subscription is £20.00 per person and payment must be made by cheque, payable to Maldon and District U3A, together with your completed form(s) before the 30 April 2018.

For security reasons we do not accept cash.

DATA PROTECTION LAW: This is changing as from the 25th May this year and in order to comply, the Membership Renewal Forms have been changed in line with the Third Age Trust guidance. You will note that we now ask you to indicate that you agree with your data being used. One of the principles of the new regulations is that personal data "Belongs" to the individual, and anyone who uses it has to have consent.

EMERGENCY CONTACT: Where couples are both members, please avoid using each other as emergency contacts. A third party is preferable, in case you are on the same outing.

GIFT AID: Current Gift Aid regulations require a separate form to be completed by each individual. Gift Aid operates on the basis that HM Revenue and Customs treat your subscriptions as charitable donations; they assume that you have deducted tax at the basic rate before you pay your subscriptions and HMRC refund this tax to our U3A. We would encourage members who pay more tax than the tax recoverable from their subscription, currently £5.00, to complete the Gift Aid form. The tax refunds we receive form a significant part of our income and help us keep the annual subscription low.

DO IT NOW: You do not have to wait until April.

Please hand your forms and cheques to the sign-in desk or post them to the address below as soon as possible. Cheques will not be banked before the 1st May 2018. If you have not renewed your subscription by the 1st May 2018 you will no longer be a member.

Membership Secretary: Malcolm Case, 30 The Spinnaker, South Woodham Ferrers, Chelmsford. CM3 5GL.
Telephone: 01245 329435 - Email: membership_maldonu3a@outlook.com

Gt. Baddow U3A are offering a holiday in North Wales with Just for Groups

-Monday 7th/Friday11th May—Price £359

4 nights dinner, bed and breakfast. No single supplement
Hotel: St. Kilda Hotel in Llandudno, North Wales. www.skilda.co.uk
proprietors live on the premises and have run the hotel for 21 years

Excursions: to Snowdonia National Park (beautiful scenery) - Snowdonia Mountain Railway climbs to the summit of the highest Welsh mountains.
Chester - founded as a Roman fortress in 1st century AD - Roman walls - Tudor style timbered buildings - Roman amphitheatre - old city.
Llandudno & Conwy Bay - overlooks Irish sea - Queen of the Welsh resorts and loved by Victorians/Edwardians/our grandparents! - Llandudno Victorian Pier - Llandudno cable car - medieval Castle of Conwy - Bodnant Gardens (NT) - Conway RSPB reserve - art galleries, museums, beaches.
There is evening entertainment - bar - quiet lounge - hotel sited on the sea front - close to the pier, theatre and main features of the town.
Price also includes: return coach travel from Maldon, excursions, full baggage handling. etc.
Admission charges extra when required - bring NT and EH membership cards and we can check entry later.
Full details from Dawn.

Dawn Mundy-

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Art Appreciation

Fifteen of us packed into the lounge of Angie Bowler's lovely thatched cottage in Woodham Mortimer to view four of the remaining Impressionists: Degas, Cezanne, Toulouse-Lautrec and Gauguin, having discussed previously Manet, Monet and Renoir. An excellent narrative by a very young Tim Marlow (a DVD from 1998) guided us expertly through this disparate but very talented quartet of Impressionists.
Many thanks to Angie and Chris for their hospitality.
The postponed lecture on Goya will now be at 2pm on **Tuesday 6th March** at my house in Nounsley, Hatfield Peverel. Please let me know asap if you wish to attend as space is very limited.
There is a Picasso exhibition at Hayletts Gallery, Oakwood House, High St. Maldon Jan. 27 to Feb. 24 on Tues. to Sat. 10am to 5 pm
Andy
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London Theatre Outings

"The Play That Goes Wrong"

Thursday 17th May 2018

7.30pm at The Duchess Theatre

A highly physical and very silly comedy, the play features cast and crew of the "Cornley Polytechnic Drama Society" attempting to stage a 1920s murder mystery - and everything that can go wrong, does. Audiences and critics have lapped it up.

We will be leaving Tesco's at 3.00pm with a pickup in Danbury. The cost will be £38 which includes the coach. If you wish to go please contact Joyce Cotterell by email at oldcopperbeech@gmail.com or by telephone 01621 858287. Joyce will acknowledge your email and give you her postal address so that you can send her a cheque payable to "Maldon & District U3A" for £38 per ticket. Please advise her if you wish to be picked up in Danbury.

Very Important note on Car Parking at Tesco's

Tesco's require the registration Numbers of all cars parking in their car park so please advise Joyce of your car registration number when you book. This is very important as penalty notices of £70 will be issued for any registration numbers not notified. Please advise Joyce if you are travelling in a fellow members car or giving a fellow member a lift. PLEASE NOTE that it is your responsibility to notify the trip organiser should you change your registration number.

Proposed visit to Hampton Court Flower Show

Judging by the show of hands at the meeting before Christmas, there will be enough interest in this visit to justify a coach. The date is **Friday 6th July.** Those people who have already given me their names are on the list and I now need names of others who would like to be included. Please let me have your name, telephone number and email address in writing as soon as possible, and also (very important) whether you are a member of the RHS. I shall be able to negotiate a group entry price when I have numbers of members and non-members in the group, and the cost of the coach.

Please contact me by email if you prefer.

For Sale

Good quality, galvanised
CAR TRAILER
5 ft x 4 ft in excellent condition
Conway Products Ltd - Glidalong WM500 – 500 kg load
Drop-down sides; electrics; spare wheel
£250 ono

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Art Appreciation

The 'How to View Paintings' lecture at SWF U3A has been postponed until Wednesday 28th February, starting at 1.30pm with a buffet lunch - cost to non SWF members is £10 including the food. He will be explaining how and why a painting is made - pigment, composition, purpose etc. If you are interested please respond direct to Chris Miles, he is on 01245 401015 or chris.miles48@yahoo.co.uk and tell him you are from Maldon U3A.

Steve Scruton/ Ian Wyatt: Steve is well known for his long years with BBC Essex. His talk is entitled 'My Life in Radio' during which he will tell us about it and how he came to be involved. He will be accompanied by his 'techie' Ian, who will be assisting as required.

Monday 19th March Meeting
Wickham Bishops Village Hall at 1.30 pm

Speakers
Steve Scruton and Ian Wyatt of BBC Essex
"My life in Radio"
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DANISH APRICOT SHORTCAKE

4ozs. Plain flour
3 ozs Butter
1 ozs Icing sugar
1 egg yolk
Vanilla essence
1/4 pt double cream
Apricot or peach halves
Method
Sieve flour and icing sugar. Rub in butter. Add yolk and essence.
Mix to a firm dough. Leave wrapped in fridg. for 30 mins.
Roll dough to a 7 "circle . Prick base.
Place on greased baking tray and cook Gas 5 or 160c for approx 15/20 mins.
Leave to cool on wire rack.
Beat cream until firm.
Put pastry on serving plate, cover top with cream and place apricots or peaches over the cream.
Decorate with blueberries if you like.

Thanks to Pat Clements for the above recipe, it sounds delicious.

My recipe re French Chicken last month. Blow me Morrisons have stopped stocking French Onion Soup mix. However it is the apricots and juice that gives it the lovely flavour. Enjoy.
Jan Robertson

LUNCHEON CLUB VENUES

Times 12.15 pm

TUESDAY **6th March at The Bell, Woodham Walter**
Co-ordinator: Eunice Legerton

WEDNESDAY 21st March at Bella's Italian Bistro, Burnham on Crouch
Co-ordinator: Paul Costa

Note: If you sign up for the lunches and then find you are unable to attend for any reason, can you please notify the Co-ordinator as soon as possible, as places have to be booked at the venues.

BLACKWATER U3A	HEYBRIDGE U3A
Contact	Contact
Peter Harden, Chairman	Jenny Parker, Chairman
01621 858506	01621 843581
	jennyparker14@hotmail.com

LIMEBROOK U3A
Contact
Christine Dove, Chairman

Your Committee

Chairman	Brian Johnson
Vice Chairman	Alec Fraser
Secretary	Judith Johnston
Treasurer	Graham Webster
Membership Sec.	Malcolm Case
Newsletter Editor	Jan Robertson
Speaker Secretary	Veronica Smith
Committee	Shirley Macro
	Andrew Simmonds
	Liz Jones
Web Master	John Bowen
	Tony Groves
AV Equipment	Ken Cooper
Essex Assoc. of U3A's	
Committee	Malcolm Case

NATIONAL OFFICE
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Web site www.u3a.org.uk
Resource Centre: email: resource.centre@u3a.org.uk

Deadline for next newsletter: Friday, 10th March 2018

CO-ORDINATORS

Antiques	Liz Wood
Art Appreciation	Andy Simmonds
Aviation	Brian Johnson
Astronomy	Patrick Forsyth
Balti Night	Bob Gowers Graham Evans
Bird Watching	Pat Clements Peter Gaywood
Botany	Veronica Smith
Bridge	Sheila Epps
Canasta	Iris Slaney
Computers	Jan Robertson
Cribbage	Pat Clements
Egyptology	Kathleen Goff Sue Robinson
Family History	Alan Buck
French Conversation	Ann Lester
Geology	Enid Hall
Handicraft	Marian Manning
Just Jazz	Jim Light David Coombes
Local History	Sylvia Cousins Jane Coombes Kathleen Goff
London Walks & Talks	Christine Speed Janeen Trew
London Theatre Outings	Rosemary Case Joyce Cotterell
Luncheon Groups	
1st Tues	Eunice Legerton
3rd Wed.	Paul Costa
Eat & Meet 2nd Wed	Joyce Cotterell
Mah-Jong	Molly Polden
Maritime	Malcolm Case
Music Appreciation	Enid Hall John Skuse
Petanque (Boules)	Jack Veash
Plantagenets	Beryl McDonell
Poetry	Jo Robson
Reading	Sheila Epps
Rummikub 1	Colin Beckett
Rummikub 2	Beryl McDonell
Scottish Country Dancing	Shirley Grummett
Sing for Pleasure	Sue Garnham
Social Group	Mike Childs
Strollers	Gill Stone
Table Tennis	Louis Gunn
Ten Pin Bowling	David Arnold
Trees	Veronica Smith
Weekenders	Beryl McDonell
Whist	Molly Polden
Wine Circle No. 1/2	Graham Boswell
Wine Circle No. 3	Mary Burd Paul Costa
Wine Circle No. 4	Ann Goody
Writing for Fun	Patrick Forsyth

PROGRAMME – March 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Ten Pin Bowling Poetry Rummikub 2	2 Canasta	3	4 Bird watching Goldhanger Creek
5 Maritime Whist	6 Table Tennis Geology Luncheon Group Art Apprciation	7 Ten Pin Bowling Wine group 1	8 Ten Pin Bowling French Conversation Plantagenets Reading Rummikub1	9 Mah Jong Sing for Pleasure	10	11
12 Handicrafts Whist	13 Table Tennis Egyptology Trees	14 Ten Pin Bowling Bridge Luncheon Group	15 Ten Pin Bowling Antiques	16 Canasta	17	18 Strollers
19 **Meeting 1.30 pm** **Just Jazz**	20 Table Tennis Aviation	21 Ten Pin Bowling London Walks & Talks Luncheon Group	22 Ten Pin Bowling Computers French Conversation Music Appreciation Wine Group 3	23 Cribbage Family History Mah Jong Sing for Pleasure	24	25
26 Astronomy Handicrafts Local History Whist	27 Table Tennis Strollers Too Trees Wine Group 4	28 Ten Pin Bowling Bridge Family History Wine Group 2 Writing for Fun	29 Ten Pin Bowling	30 GOOD FRIDAY		

I try my utmost to get the calendar correct each month, but I would advise you always to check with your co-ordinator as to the date of your next meeting.