The University of the Third Age

MALDON
AND DISTRICT

NEWSLETTER

January 2018

Reg. Charity No. 1086182

Web Site: **www.maldonu3a.co.uk**

FROM THE CHAIR

A Happy New Year to all our members and I hope you all had an enjoyable Christmas. Our Christmas party seemed to be enjoyed by all who came and was so well attended that at one time we wondered whether we would have enough food and chairs.

Our thanks to all the helpers who did an amazing job. It is not really fair to single people out but I would agree with Veronica that Shirley and Marrie need a special mention.

A few members asked if we could have an evening party. The logistics involved would make this difficult but we will consider the idea.

Let's make the coming year as successful as ever and I urge every one to get involved when ever possible. You get out what you put in!

Best Wishes
Brian Johnson 016

Maritime

The next meeting of the Maritime Group is on **Monday 5th February** at The Blackwater Sailing Club, Basin Road, Heybridge Basin, starting at 10:00am. Gordon Davies will be giving a talk on "Yachting in the 19th Century". The enormous social changes that took place in England during the 19th century had a massive impact on yachting. At the beginning of the century yachting was primarily the preserve of the very rich. From about 1850 the rising middle class took to low cost boating, and yachting as we know it today began to take shape.
Any U3A member is very welcome to join the meeting.
Malcolm Case

Astronomy

The next meeting of the group is on **Monday 22nd January** at Chigboro Fishing Club, Chigborough Road, Heybridge. CM9 4RE at 7:30pm. Weather conditions permitting then we will be Night Sky observing, if not then there will a short DVD followed by discussion on the year's programme.
Patrick Forsyth

Aviation

At our meeting before Christmas we had a film which was well received, followed by refreshments including wine and mince pies. We then had a open meeting to decide on the way forward.
It was decided to go ahead with the trips but not more than four in a year, two to be in place of meetings.
Brian Austin is organizing a visit to Royal Air Force Halton which Includes The Trenchard Museum and James McCudden Flight Heritage Centre. Price and date to be advised.
Tuesday 16th February at Purleigh Playing Field Pavilion.
The talk is on the Short Flying Sunderland and is given by a pilot who flew them. Not to be missed.
Brian Johnson

Strollers

The next walk for Strollers is on **Sunday 18th February**, for a walk of approx. 4 miles. The terrain is varied, with fields, horse paddocks, a nature reserve and woodland.
Please meet at The Bell, Woodham Walter, CM9 6RF.
10:15 am. for 10:30 am. start.
Lunch is available. Please let me know if you are coming by Monday 12th Feb.
Contact G Stone

Strollers Too

The next walk for Strollers Too is on **Tuesday 27th February**, for a walk of 3.5 miles.
Please meet in the Woodrolfe Green carpark, Tollesbury, CM9 8ST.
10.15 am. for 10.30 am. start.
Lunch is available. Please let me know if you are coming by Friday 23rd February.
Contact G Stone:

Family History

The next meeting for this group will be held on Wednesday 24th January at 58 Augustine Way, Bicknacre commencing 2.30pm.

Family History Beginners

This group will commence meetings for 2018 on Friday 27th January at the above address starting 10.00 am.

Any persons wishing to attend the meetings should notify me by e-mail Alan Buck

The Essex U3A Association is organising the

Annual Quiz

Thursday, June 7th

at Christ Church URC,

164 New London Road, Chelmsford CM2 0AW

at 2p.m.

We need a table of 8 members, so if you are interested please contact me either at the next meeting or by phone.
Sylvia Cousins

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London Theatre Group---Cirque du Soleil

Just a reminder to those who have already purchased tickets for this event to make sure that you put it in your 2018 diary for **February 13th.** We sold the tickets very quickly but we have a small waiting list in case there are any cancellations, if you are interested.
By the way, do not forget to give us your car number if you are using a different car to drive to Tesco's.
Barbara & David Arnold

Proposed Holiday Group

We had a meeting just before Christmas to consider the idea of forming a holiday group. Unfortunately the date clashed with the lunch club Christmas Meeting so numbers were down. However the idea was enthusiastically received and we were able to discover what type of holidays members were interested in, home and abroad.
The suggestion was made that we should go ahead with a short holiday in this country as a starter and then, all being well, expand to longer holidays at home and abroad, winter and summer as the members wish. With this in mind can you let me know if you would like a 5 day break, late spring/early summer in the Cotswolds. (Bourton-on-the Water/Stow-on-the-Wold/Stratford-on-Avon etc)
Please let me know, phone or e-mail.
Brian Johnson
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Local History

The first meeting of 2018 will be on **Monday January 22nd** at 2pm at the Town Hall, Maldon, when our speaker, Ben Crussell, a History Graduate and currently studying for a Masters' Degree, specialises in Medieval Religion, so it should be a fascinating talk He will give a talk on "Medieval Religion, Myths and Ghost Stories".

Kathy will have details of our trip to Newmarket on **April 23rd**, so please bring your chequebook if you wish to go.

All members are very welcome and we wish you a Very Happy and Healthy New Year.

Kathy, Jane and Sylvia

P.S. We have been sent information about an Exhibition in Melton, Sudbury, which runs until February 16th 2018, and is a recreation of the Bayeux Tapestry in a steel mosaic.

Full details can be found on the website- www.medievalmosaic.com

London Walks and Talks

Our meetings begin again on **Wednesday, March 21st** with a talk at West Maldon Community Centre.

Two members of the group have volunteered to take over the organisation of the group from May 2018, but ONLY on condition that a third member volunteers to help them. **ARE YOU THAT PERSON**?

PLEASE HELP otherwise this group will fold as of April 2018.

If you are willing to lend a helping hand please phone or e-mail Janeen or Christine.

Janeen Trew

Christine Speed

Just Jazz

We will resume meetings in January, February and March on the third Monday as usual in The Queens Head on the quay. They do not use the dining room in these months. They are not charging us for hire of the premises so everybody must buy their drinks and nibbles at the bar.

A 7.30pm start on **January 15** at The Queens Head.

Jim Light

2018 CALENDAR—Dates for your Diary

Events and Outings during the year

Fri. Feb. 9	A Magic Evening with Supper — Social
Mon. Feb. 12	Balti Night
Tues. Feb. 13	Cirque du Soleil, Royal Albert Hall—Theatre
Thurs. Mar.13	Visit to Tate Britain Gallery –Art Appreciation
Thurs. Mar. 22	An Afternoon Film Show — Social
Thurs. Apl 23	Trip to Newmarket—Local History
Thurs. June 7	U3A Essex Quiz Night
Thurs. June 14	Evening BBQ - Social
Mon. Aug. 6	Chatham Dockyards & Medway Queen—Maritime
3/6 Sept	4 day trip to Nth Norfolk—Maritime
Fri. Oct. 12	Beetle Drive
Wed. Nov. 28	Social Evening with Entertainment.

Further details of the above events are available from your Co-ordinator or in the Newsletter.

A Magic Evening

Friday 9th February

with a Ploughman's Supper and Dessert

7.00 for 7.30 till 10.00

at Maldon Town Hall

Please bring your own drinks and glasses.

Tickets £10 from Barbara Byam Shaw

Art Appreciation

Fifteen of us attended in Pam's packed lounge in Latchingdon.
We only managed to get through three of the eight artists on the DVD, Edouard Manet, Claude Monet and Pierre Auguste Renoir. An excellent narrative by Tim Marlow guided us expertly through the transition from historical, classical art to the 'outrageous' new style of the Impressionists, and the reluctance of the established French 'Salon system' to accept change. Many thanks to Pam McMahon for allowing us to use her house for the meeting, and for providing tea and cakes.

We have decided to continue with the remaining Impressionists next month on **Tuesday 6th February** when Angie has kindly agreed to host in Woodham Mortimer. Degas, Toulouse-Lautrec, Cezanne, Gauguin and Van Gogh are the remainder.
We have postponed, for a month, the lecture planned on Goya to **Tuesday 6th March**.

Note there are still seats available for the Tate Britain trip on **Tuesday 13th March**, If you are interested, please respond to Barbara Spring of Danbury WI on 01245 223394 or barbaraspring25@outlook.com and let her know you are from Maldon U3A .

Note also the 'How to View Paintings' lecture at SWF U3A has been postponed until **Wednesday 28th February,** starting at 1.30pm with a buffet lunch - cost to non SWF members is £10 including the food.
He will be explaining how and why a painting is made - pigment, composition, purpose etc.

If you are interested please respond direct to Chris Miles, he is on 01245 401015 or chris.miles48@yahoo.co.uk and tell him you are from Maldon U3A.
Andy

Christmas Party

Another very successful party and thanks to the catering group who provided all that mulled wine, lovely sandwiches and cakes etc. The entertainment was excellent.

A most enjoyable afternoon.

RECIPES

I have received a request to have a page of our favourite recipes once a month ***so I would like your input please.***
Main courses or dessert, whichever you wish.

I start the ball rolling with my favourite Chicken dish which I found from Weightwatchers, so easy and is fool proof.

Weight Watchers French Chicken

Serves four

8 Chicken Thighs
400 gm tin of apricots in own juice
One packet of French Onion soup
2 Onions

Instructions

Brown the chicken for 5 minutes on a high heat
Transfer to a casserole dish and add the apricots, the French onion soup powder and the onions.
Mix together and cook on 180 degrees for 90 minutes, stirring every 15 minutes.

Special Notes

Do not make the mistake of making the soup with water. It should be added dry or mixed with the apricot juice. Lovely with a nice green salad in the summer or Ainsley Harriot's Citrus Cous Cous.

Jan Robertson

Speakers for January – June 2018

Monday, January 15 *Ian Keable*: Ian is a popular and entertaining speaker on a variety of topics, many of them political or literature based. He will be talking to us about **James Gillray,** generally agreed to be the first political cartoonist and satirist. He made a name for himself by showing no favours to anyone during the Eighteenth Century, including the Royal Family notably George III, and William Pitt the Younger.

Monday, February 19 Roderick Barr: Roderick's talk is entitled: 'Tax, Care and Toy Boys'. He is representing the Co-operative Estate Planning group. The talk is designed for people in our age groups and might well prove very helpful as we make decisions about our property.

Monday, March 19 Steve Scruton/ Ian Wyatt: Steve is well known for his long years with BBC Essex . His talk is entitled 'My Life in Radio' during which he will tell us about it and how he came to be involved. He will be accompanied by his 'techie' Ian, who will be assisting as required.

Monday, April 16 Dr Jane Pearson: Jane is a lecturer in the History Department at Essex University. She offers several talks, ours is entitled 'Essex Workhouses of the Eighteenth Century'.

Monday May 21 Kate Cole: Kate is known for historical re-enactments and talks.
Her talk for us is called: 'The Witches of Elizabethan Essex'
This should be alarming - but reassuring at the same time perhaps.

Monday, 18th June A.G.M.

Bob & Graham's big Balti Night

Monday 12th February

at 7:00 for 7:30pm

at BALTI BHUJON 24 Mill Road, Maldon.

First and second course half price, no pre ordering

Please contact Graham Evans

Or Bob Gowers to book and for information.

Email u3amaldonbalti@btinternet.com

PLEASE NOTE FROM FEBRUARY BALTI NITE IS MOVING FROM TUESDAY TO MONDAY DUE TO THE RESTAURANT CLOSING ON TUESDAYS UNTIL FURTHER NOTICE.

Roderick Barr represents the Co-operative Estate planning group. The talk is designed for people in our age group and might well prove very helpful as we make decisions about our property.

Meeting

Wickham Bishops Village Hall at 1.30 pm

Speaker

Roderick Barr.

"Tax, Care & Toy Boys"

St Michael's Church, Woodham Walter

Presents

A Talk Entitled

St Roger of Beeleigh

The Patron Saint of Maldon?

By

Maldon Historian Stephen Nunn

on

Saturday 10th February 2018

in Church at 7:00pm

Admittance by Ticket at £8.00 pp.

to Include Refreshments and Wine.

Proceeds and Donations in aid of the

Community Defibrillator Appeal

© John Tompkins 2017

Tickets available from Paul Clark at

pclark7@btinternet.com

LUNCHEON CLUB VENUES

Times 12.15 pm

TUESDAY February 6th - Venue to be advised.

Co-ordinator: Eunice Legerton

WEDNESDAY February 21 at The Generals Arms, Little Baddow

12.30 for 1.00

Co-ordinator: Paul Costa

Note: If you sign up for the lunches and then find you are unable to attend for any reason, can you please notify the Co-ordinator as soon as possible, as places have to be booked at the venues.

BLACKWATER U3A
Contact
Peter Harden, Chairman
01621 858506

HEYBRIDGE U3A
Contact
Jenny Parker, Chairman
01621 843581
jennyparker14@hotmail.com

LIMEBROOK U3A
Contact
Christine Dove, Chairman

Your Committee

Chairman	Brian Johnson
Vice Chairman	Alec Fraser
Secretary	Judith Johnston
Treasurer	Graham Webster
Membership Sec.	Malcolm Case
Newsletter Editor	Jan Robertson
Speaker Secretary	Veronica Smith
Committee	Shirley Macro
	Andrew Simmonds
	Liz Jones

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Web Master	John Bowen
	Tony Groves
Social Group	Michael Childs
AV Equipment	Ken Cooper
Essex Assoc. of U3A's	
Committee	Malcolm Case

NATIONAL OFFICE
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Web site www.u3a.org.uk
Resource Centre: email: resource.centre@u3a.org.uk

Deadline for next newsletter: Friday, 8th February
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CO-ORDINATORS

Antiques	Liz Wood
Art Appreciation	Andy Simmonds
Aviation	Brian Johnson
Astronomy	Patrick Forsyth
Balti Night	Bob Gowers Graham Evans
Bird Watching	Pat Clements Peter Gaywood
Botany	Veronica Smith
Bridge	Sheila Epps
Canasta	Iris Slaney
Computers	Jan Robertson
Cribbage	Pat Clements
Egyptology	Kathleen Goff Sue Robinson
Family History	Alan Buck
French Conversation	Ann Lester
Geology	Enid Hall
Handicraft	Marian Manning
Just Jazz	Jim Light David Coombes
Local History	Sylvia Cousins Jane Coombes Kathleen Goff
London Walks & Talks	Christine Speed Janeen Trew
London Theatre Outings	Rosemary Case Joyce Cotterell
Luncheon Groups	
1st Tues	Eunice Legerton
3rd Wed.	Paul Costa
Eat & Meet 2nd Wed	Joyce Cotterell
Mah-Jong	Molly Polden
Maritime	Malcolm Case
Music Appreciation	Enid Hall John Skuse
Petanque (Boules)	Jack Veash
Plantagenets	Beryl McDonell
Poetry	Jo Robson
Reading	Sheila Epps
Rummikub 1	Colin Beckett
Rummikub 2	Beryl McDonell
Scottish Country Dancing	Shirley Grummett
Sing for Pleasure	Sue Garnham
Strollers	Gill Stone
Table Tennis	Louis Gunn
Ten Pin Bowling	David Arnold
Trees	Veronica Smith
Weekenders	Beryl McDonell
Whist	Molly Polden
Wine Circle No. 1/2	Graham Boswell
Wine Circle No. 3	Mary Burd Paul Costa
Wine Circle No. 4	Ann Goody
Writing for Fun	Patrick Forsyth

PROGRAMME – February 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Ten Pin Bowling Poetry Rummikub 2	2 Canasta	3 Bird Watching Maldon Quay	4
5 Maritime Whist	6 Table Tennis Art Appreciation Geology	7 Ten Pin Bowling Wine Group 1	8 Ten Pin Bowling French Conversation Plantagenets Reading Rummikub 1	9 Mah Jong Sing for Pleasure	10	11
12 Handicrafts Whist	13 Table Tennis Egyptology Trees	14 Ten Pin Bowling Bridge Luncheon Group	15 Ten Pin Bowling Antiques	16 Canasta	17	18 Strollers
19 **Meeting 1.30 pm** Just Jazz	20 Table Tennis Aviation	21 Ten Pin Bowling Ldn Walks & Talks Luncheon Group	22 Ten Pin Bowling Computers French Conversation Music Appreciation Wine Group 3	23 Cribbage Mah Jong Sing for Pleasure	24	25
26 Astronomy Local History Handicrafts Local History Whist	27 Table Tennis Strollers Too Trees Wine Group 4	28 Ten Pin Bowling Bridge Wine Group 2 Writing for Fun				

I try my utmost to get the calendar correct each month, but I would advise you always to check with your co-ordinator as to the date of your next meeting.

Newsletter Editor: Mrs Jan Robertson, 6 Blenheim Close, Danbury, CM3 4NE