The University of the Third Age

MALDON
AND DISTRICT

NEWSLETTER

March Hare

March 2018

Reg. Charity No. 1086182

Web Site: **www.maldonu3a.co.uk**

FROM THE CHAIR

As I write the snow is falling. It might look pretty but to us who are not very nimble it can be very dangerous so please be careful and do not go out if you can avoid doing so.

My request for potential car sharing did not provoke any response so it would appear that all who can already do. I would still like members to look out for people who are unable to come for lack of transport.

The renewal membership forms are now out and we hope you will be able to be deal with them promptly. There are some small changes to comply with new legislation so please hand them in at the next Monday meeting.

The AGM is approaching in June when, by necessity, it will mean some changes to the committee so watch this space.

We no longer have a representative on the West Maldon Community Centre Committee. Is there anyone who would be prepared to stand for this position? If there is please contact me.

Keep well and warm

Best wishes
Brian Johnson

Aviation

There will not be a meeting this month as we have our trip to **Brooklands** on **Tuesday, 20th March**. This promises to be an enjoyable day out with plenty to see: Air Craft , Civil and Military, Motor Cars, Old and New Motor Cycles, Model Railways and much more.
The coach will leave West Maldon Community Centre at 9-30 am with a pick up at Danbury approx. 9-45 am.
The next proposed visit is on **15th May** to **The Trenchard Museum and James McCudden Flight Heritage Centre at Royal Air Force, Halton, Aylesbury**. There is no entry fee so the cost of the trip will only be for the coach £15. As this is still an active RAF Station photo proof of identity will be required.
The main event this year will be the **Royal International Air Tattoo** at Fairford in Gloucestershire to mark the RAF's Centenary. It will be on for three days **13th/14th/15th July.** We will have to decide which day would be the best for us. The distance would mean an over night stay. As this will be a major event, arrangements would have to be made well in advance for hotel booking, coach entry (Fast Track with discount) and coach hire. This will involve a lot of organizing so I am only prepared to go ahead if enough members are interested.
Discounted Coach Group tickets £40 (A big saving) plus cost of coach and hotel. This would be an amazing day so let me know if you are interested.
Brian Johnson

Just Jazz

The next meeting of Just Jazz will be held in The Queens Head on Hythe Quay on **Monday the 19th March** at 7.30pm.
Please purchase your Drinks and Nibbles at the bar.
Jim Light

Botany/Trees

I shall run either of these group after Easter depending on which people prefer. Could you let me know if you are interested in joining either group ASAP so that we can start meeting. Thank you.
Veronica Smith

Art Appreciation

SWF U3A - 'How To View Paintings'

The U3A in South Woodham Ferrers have booked a lecture by Bruce Ronaldson, an artist and art historian, on **Wednesday 30th May** at Champions Manor Hall, Hullbridge Road, SWF, CM3 5LJ.
He will be talking about 'How to View Paintings', starting at 1.30pm with a buffet lunch - cost to non SWF members is £10 including the food.
He will be explaining how and why a painting is made - pigment, composition, purpose etc.
If you are interested please respond direct to Chris Miles, on 01245 401015 or chris.miles48@yahoo.co.uk and tell him you are from Maldon U3A.

The Art Appreciation Group discussed Francisco De Goya (30 March 1746 – 16 April 1828) who was a celebrated Spanish romantic painter and printmaker. He was a great portrait painter as well as an outspoken and vivid war reporter in the time of Napoleon's war with Spain.
Our next meeting will be on **Tuesday April 10th.**
Andy Simmonds

Wine Group 4

I must say a few words regarding Wine Group 4's ***Black Tie Event*.**
Once again, thank you so much to John and Jill Challis for opening their home to host this event again. What can I say, 12 people, 6 courses with wine, fabulous evening, I could go on and give you our menu and accompanying wines, but that would be unkind.
Needless to say this event is now a tradition and will be held again next year. A good time was had by all.
Ann Goody

Ten Pin Bowling.

On April 4th. we will bowl for the 800th week. We have playing for almost 16 years virtually every week.
The bad news is that we do not have the facilities for more members at the moment so if you want to play in future I will add your name to the waiting list. There are over 80 players on the list and we have almost 50 playing each week.
If you are on this list and will not be playing again please let me know.
David Arnold

Maritime

There will not be meetings of the Maritime Group in April or May, both Mondays are Bank Holidays. The next meeting of the group will be on **Monday 4th June** at The Blackwater Sailing Club, there will be talk on the "Medway Queen".
Further details on this talk will be in the May Newsletter.
Malcolm Case.

Astronomy

Due to "Inclement weather" our February meeting was postponed. The next meeting of the group will be on **Monday 26th March** starting at 7:30pm at Chigboro Fishing Club, Chigborough Road, Heybridge. CM9 4RE. Alan Chapman will be giving a talk on "The Gas Giants of our Solar System". Cloud conditions allowing, we will also do some night sky observing, so bring your telescopes/binoculars with you.
We will also be discussing our plans for the rest of this year.
Any U3A member is very welcome to join us.
Patrick Forsyth

Local History

Monday, March 26th when Lynne Raymond will give her talk on "Where there's a Will there's a Way" which will demonstrate how historical documents have been used to reveal even more about the Raymond (Ansell Butchers), Bright and Strutt families and their close links to Maldon.
The meeting will be at the Town Hall, starting at 2p.m.
For those of you booked up for our trip to Newmarket, please note that the date is **Monday April 23rd.**
There are still places available for our Walking Tour of Chelmsford on **Monday June 25th** so please bring your cheque book if you wish to go.
There will be NO MEETING on **Monday May 28th** as it is a Bank Holiday.
Thank you to all those who braved the very cold weather for the talk in February and we look forward to seeing you on **March 26th** when the weather may have improved!
Kathy, Jane and Sylvia

Bob & Graham's big

Balti Night

Monday 9th April at 7:00 for 7:30pm

at BALTI BHUJON 24 Mill Road, Maldon.

Please contact Graham Evans
Email u3amaldonbalti@btinternet.com

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Film Show

Thursday, 22nd March
Maldon Town Hall
2.15 for 2.30 pm

"COAST AND SEA"

from the "Britain on Film Series"

A nostalgic look at the Seaside from 1901 to 1978

Takes you to Weston-Super-Mare, Morecambe, Skegness,
Butlin's at Brighton and 1930's Surfing in Newquay, plus lots more.
Followed by Tea and Cake and a chat.

Tickets £4 each.
From Barbara Byam-Shaw

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RHS Hampton Court Flower Show visit 6th July 2018

There are still some places available for this visit but I shall be offering it to our other local U3As as well. If you are interested, please let me have your name, email address (or phone number) and whether or not you are a member of the RHS. The total cost will depend on the final number of people going, yet to be confirmed.
Veronica Smith

2018/9 CALENDAR—Dates for your Diary

Events and Outings during the year

Tues Mar.13	Visit to Tate Britain Gallery –Art Appreciation
Tues. Mar. 20	Visit to Brooklands Museum—Aviation
Thurs. Mar. 22	An Afternoon Film Show —"Coast & Sea" - Social
Mon. Apl. 9	Balti Night
Mon. Apl. 23	Trip to Newmarket—Local History
Tues. May 15	Proposed visit to Trenchard Museum, - Aviation
Thurs. May 17	"The Play That Goes Wrong" - Duchess Theatre
Thurs. June 7	U3A Essex Quiz 2– 4 pm
Thurs. June 7	Evening BBQ - Langford VH— Social
Fri. July 6	Proposed visit to RHS Hampton Court Garden Show
Mon. Aug. 6	Chatham Dockyards & Medway Queen—Maritime
3/6 Sept	4 day trip to North Norfolk—Maritime
Fri. Oct. 12	Beetle Drive—afternoon at Langford VH
Wed. Nov. 28	Social Evening with Entertainment by Marshall King
2019	
Feb 28	Posh Frocks Do

Further details of the above events are available from your Co-ordinator or in the Newsletter.

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Computer Group

I have been the co-ordinator of the Computer Group for the past twenty years and feel that it is time for me to bow out. We are now looking for a new co-ordinator to take over and perhaps give it a complete new look and ideas. I am sure among our newer members there is someone with computer knowledge willing to take on this challenge.
Jan Robertson.
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.South Woodham Ferrers Productions

2nd Ukulele Concert

in aid of Alzheimer's Society to be held at
SWF Village Hall in Hullbridge Road CM3 5PL on

Saturday 19th May.

Doors will open at 6.30 pm .

Tickets will be £10 each and there will be a bar and teas and coffees.
Tickets from Pete Taylor 01245 321 378,
Sandra on 01245 321180 or Jenny 01245 226 112.

This year we are delighted to have Andrew and Jay Molina performing all the way from Hawaii. Andrew is an amazing ukulele player.
Also performing will be D'Ukes a great ukulele band from Chelmsford, Underfret a band from SWF and Maldon Ukulele Group.
In addition MUGS plan to "busk" at the Bandstand in SWF on **Saturday 21st April from 10 am – 4 pm in aid of Alzheimer's.**
Last year the first event raised over £2,500 for Alzheimer's Society.

2nd Musical Evening

in aid of Christian Aid will be held at
Southminster Memorial Hall on

Sunday 20th May

from 7 pm – 9.30 pm.
Tickets will be £8 each and can be obtained from Kath Dunstan on 01621 772 199.
MUGS will also be taking part in this event, along with four other acts.
Jenny Plumb

Barn Dance

raising funds for
Helen Rollason Cancer Charity
7th April
Woodham Walter Village Hall CM9 6RE.
Live music by
Maldon's Metric Foot Band.
7.30— 11.00pm.
Ticket £7
bring own food & drink.
Contact 01621 859202.

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Chelmsford Male Voice Choir.

14th April
at St John the Baptist Church Danbury.
7 pm. Doors open 6.30 pm
Tickets £10. from Alfred Couldrey. 01245 226259
or Alex Cooper 07966070957

Oklahoma

15th to the 19th May with a matinee on the 19th.
at the Civic Theatre Chelmsford.
Tickets from the box office 01245 606505
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Strollers Too

Walk -- **Tuesday, April 24**

Meet at THE BELL, Woodham Walter (CM9 6RF) at 10.15am to order lunch, before driving to Hoe Mill Lock, where the walk will begin. If you do not require lunch please meet at Hoe Mill Lock, Ulting (CM9 6RA) at 10.30am. Walk will follow footpaths, country lanes and canal towpath in the parish of Ulting. Walk is approximately 4.5 miles.

Please inform me by **Monday, April 16** if you intend to have lunch, so that I can let the pub know the final numbers.

Christine Speed

Strollers

The next walk will be on **Sunday, 15th April.** A walk of approx. 4.5 miles. Please meet at the Duke of Wellington, Hatfield Peveral at 10.15 for 10.30 start. Please let me know if you are coming by the **6th April.**

Carol Parker

London Walks & Talks

Ian Bevan will give an illustrated talk about "The Inns of Court in London" on **Wednesday, March 21st** at 14.30 at West Maldon Community Centre. Doors will open at 14.00 and there will be the opportunity to book for the April walk on **Wednesday, April 18th**,when Ian will lead a morning walk around the four Inns of Court in London.

Entrance fee £2. All members are welcome.

This will be our last London Talk meeting and our last Walk as organisers.

Janeen and I would like to thank all of you who have supported us over the past years and, even at this late stage, we hope that some members will step forward to continue the group.

2018/2019 Subscription Renewals

Membership subscription renewals are due no later than the end of April 2018. DO IT NOW: You do not have to wait until April.

SUBSCRIPTIONS: Enrolment / renewal forms are available at the sign-in desk at the monthly meetings or from the Membership Secretary (see below). Each member must complete a separate form, but if you are a couple you may pay by a single cheque.

The annual subscription is £20.00 per person and payment must be made by cheque, payable to Maldon and District U3A, together with your completed form(s) before the 30 April 2018. For security reasons we do not accept cash.

DATA PROTECTION LAW is changing as from the 25th May this year and in order to comply, the Membership Renewal Forms have been changed in line with the Third Age Trust guidance, you will note that we now ask you to indicate that you agree with your data being used by ticking the "I Agree" box then signing and dating where indicated, please ensure that you do this. One of the principles of the new regulations is that personal data "Belongs" to the individual, and anyone who uses it has to have consent.

EMERGENCY CONTACT: Where couples are both members, please avoid using each other as emergency contacts. A third party is preferable, in case you are on the same outing.

GIFT AID: Current Gift Aid regulations require a separate form to be completed by each individual. Gift Aid operates on the basis that HM Revenue and Customs treat your subscriptions as charitable donations; they assume that you have deducted tax at the basic rate before you pay your subscriptions and HMRC refund this tax to our U3A. We would encourage members who pay more tax than the tax recoverable from their subscription, currently £5.00, to complete the Gift Aid form. The tax refunds we receive form a significant part of our income and help us keep the annual subscription low.

Please hand your forms and cheques to the sign-in desk or post them to the address below as soon as possible. Cheques will not be banked before the 1st May 2018. If you have not renewed your subscription by the **1st May 2018** you will no longer be a member.

Membership Secretary: Malcolm Case, 30 The Spinnaker, South Woodham Ferrers, Chelmsford. CM3 5GL.

Recipe

EASY SALTED CARAMEL ICE CREAM

397g tin of Carnation Caramel
300 mls double cream
1/4 teaspoon salt
Pinch of Maldon sea salt flakes
Tip the caramel into a large bowl and stir to loosen slightly.
Add the double cream and salt. Whisk until mixture is thick and just holding its shape.
Scoop into a 1 litre air tight container and freeze.
Serve with a few flakes of sea salt sprinkled over.
Inspired by Nigella's No-Churn Coffee Ice cream.
Judith Johnston

Please send me your favourite recipes

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Paula Short is an experienced public speaker with many talks in her repertoire, particularly about the history of various countries, and several special topics such as the one that we shall hear.

Monday, 16th April Meeting
Wickham Bishops Village Hall at 1.30 pm

Speaker
Paula Short
"Artists who paint horses"
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Knitting Wool wanted

I knit Teddy Bears for children in Hospital and scarves for freezing Merchant Seamen - as others in U3A do.

It struck me that there may be odd balls of wool lying around in your house which would be very useful for these projects.

I would gladly collect any and pass some on to others if they make themselves known to me.

I am usually at the Monday Meeting or you can phone me to arrange delivery.

Many thanks. Sheila Epps

LUNCHEON CLUB VENUES

Times 12.15 pm

TUESDAY **3rd April** at 12.15 for 12.30 pm at the **Chequers, Goldhanger.** Co-ordinator: Eunice

WEDNESDAY **18th April** at **Madison Heights for their Carvery**
Co-ordinator: Paul Costa

Note: If you sign up for the lunches and then find you are unable to attend for any reason, can you please notify the Co-ordinator as soon as possible, as places have to be booked at the venues.

BLACKWATER U3A	HEYBRIDGE U3A
Contact	Contact
Peter Harden, Chairman	Jenny Parker, Chairman
01621 858506	01621 843581
	jennyparker14@hotmail.com

LIMEBROOK U3A
Contact
Christine Dove, Chairman

Your Committee

Chairman	Brian Johnson
Vice Chairman	Alec Fraser
Secretary	Judith Johnston
Treasurer	Graham Webster
Membership Sec.	Malcolm Case
Newsletter Editor	Jan Robertson
Speaker Secretary	Veronica Smith
Committee	Shirley Macro
	Andrew Simmonds
	Liz Jones

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Web Master	John Bowen
	Tony Groves
Social Group	Michael Childs
AV Equipment	Ken Cooper
Essex Assoc. of U3A's	
Committee	Malcolm Case

NATIONAL OFFICE
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Web site www.u3a.org.uk
Resource Centre: email: resource.centre@u3a.org.uk

Deadline for next newsletter: Friday, 6th April
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CO-ORDINATORS

Antiques	Liz Wood
Art Appreciation	Andy Simmonds
Aviation	Brian Johnson
Astronomy	Patrick Forsyth
Balti Night	Bob Gowers Graham Evans
Bird Watching	Pat Clements Peter Gaywood
Botany	Veronica Smith
Bridge	Sheila Epps
Canasta	Iris Slaney
Computers	Jan Robertson
Cribbage	Pat Clements
Egyptology	Kathleen Goff Sue Robinson
Family History	Alan Buck
French Conversation	Ann Lester
Geology	Enid Hall
Handicraft	Marian Manning
Just Jazz	Jim Light David Coombes
Local History	Sylvia Cousins Jane Coombes Kathleen Goff
London Walks & Talks	Christine Speed Janeen Trew
London Theatre Outings	Rosemary Case Joyce Cotterell
Luncheon Groups	
1st Tues	Eunice Legerton
3rd Wed.	Paul Costa
Eat & Meet 2nd Wed	Joyce Cotterell
Mah-Jong	Molly Polden
Maritime	Malcolm Case
Music Appreciation	Enid Hall John Skuse
Petanque (Boules)	Jack Veash
Plantagenets	Beryl McDonell
Poetry	Jo Robson
Reading	Sheila Epps
Rummikub 1	Colin Beckett
Rummikub 2	Beryl McDonell
Scottish Country Dancing	Shirley Grummett
Sing for Pleasure	Sue Garnham
Strollers	Gill Stone
Table Tennis	Louis Gunn
Ten Pin Bowling	David Arnold
Weekenders	Beryl McDonell
Whist	Molly Polden
Wine Circle No. 1/2	Graham Boswell
Wine Circle No. 3	Mary Burd Paul Costa
Wine Circle No. 4	Ann Goody
Writing for Fun	Patrick Forsyth

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				GOOD FRIDAY		1 **EASTER**
2 **EASTER**	3 Table Tennis Geology Luncheon Club	4 **Ten Pin Bowling** **800th meeting** Wine Group 1	5 Ten Pin Bowling Poetry Rummikub 2	6 Mah Jong Sing for Pleasure	7 Bird Watching Mersea	8
9 Handicrafts **Balti Night** Whist	10 Table Tennis Egyptology Art Appreciation	11 Ten Pin Bowling B ridge Luncheon Club	12 Ten Pin Bowling French Conversation Plantagenets Reading Rummikub 1	13 Canasta	14	15 Strollers
16 **Meeting 1.30 pm** Just Jazz	17 Table Tennis Aviati9on	18 Ten Pin Bowling Luncheon Club	19 Ten Pin Bowling Antiques	20 Mah Jong Sing for Pleasure	21	22
23 Astronomy Local History **Newmarket visit** Whist Handicrafts	24 Table Tennis Strollers Too Wine Group 4	25 Ten Pin Bowling Bridge Family History Wine Group 2 Writing for Fun	26 Ten Pin Bowling French Conversation Music Appreciation Wine Group 3	27 Canasta Cribbage Family History	28	29
30 Whist						

I try my utmost to get the calendar correct each month, but I would advise you always to check with your co-ordinator as to the date of your next meeting.

Newsletter Editor: Mrs Jan Robertson

PROGRAMME – April, 2018