



Maldon and District

# Newsletter



## Winter

by Alec Fraser

Photography Group on page 11

**January 2021**

[www.maldonu3a.co.uk](http://www.maldonu3a.co.uk)

Registered Charity 1086182

## FROM THE CHAIR



Hello,

As I write this, we are just going into National Lockdown again, but I am still going to wish you all a Happy New Year!

Without doubt, 2020 was a very difficult year in many ways and certainly impacted greatly on our meetings, outings, and social functions. It does seem that the start of 2021 will see things continue in a similar way but, at the risk of repeating myself, we have managed with your support to keep our u3a running and it is good to see that you have continued to keep in touch and have taken advantage of the various forms of communication, not least of which is Zoom.

For the time being we will continue to have monthly meetings via Zoom, and I was pleased to see a good number of you join in with these. We do try to choose topics that are interesting and varied, which can also be applied to the speakers. If you haven't yet joined one of these meetings do have a go as they provide an opportunity for us to "see" each other. Also, another benefit at this time of year with the present miserable weather is not having to actually go out and being able to enjoy a talk in the comfort of your own home with refreshments to hand. All the joining in details are in the newsletter and the same information applies to each monthly meeting.

You will also see in the newsletter that some groups are meeting online regularly and if you would like to join in with any of these, just contact the co-ordinator concerned. Also, as part of the Maldon Cluster Group, some of the other local u3as are holding online meetings which may be of interest to you and which we can join in. Just go to the individual u3a webpages and get in touch through their contact pages.

Take care and stay safe,

Best wishes,

Shirley Macro,

## MARITIME GROUP

The next meeting of the group is on **Monday 1st February** starting at 10:00 am. Due to current restrictions this meeting will be held by using Zoom, details for this will be sent out nearer the time. The talk is by Dr Megan Barford from the National Maritime Museum Greenwich on "Maps and Cartography". Dr Megan Barford is the Curator of Cartography at Royal Museums Greenwich. Megan will be giving a virtual behind-the-scenes tour in the stores of Royal Museums Greenwich. Looking at objects from the cartographic collections from the 15th to the 20th century, we will discuss histories of navigation and cartography, exploring the making, use and display of charts, maps, and globes.

Any u3a member is welcome to join the meeting, please contact me if you would like to join, I can then send you the Zoom details.

Malcolm Case

***See the Proposed Maritime Programme 2021 on page 9***

## GEOLOGY GROUP QUIZ

- 1 A feature of East Anglian church walls.
- 2 Found in the Tors of Dartmoor.
- 3 A convenient missile for old fashioned teachers.
- 4 Fortieth wedding anniversary.
- 5 Scrooge's comment on a condiment.
- 6 Like looking into a glass darkly.
- 7 M-m-m That was really tasty.
- 8 Time crystal.
- 9 Go to Coober Pedy for a good selection.
- 10 It sounds mournful..



## ASTRONOMY GROUP

The next meeting of the group will be on **Monday 25<sup>th</sup> January** starting at 2:00 pm by using Zoom. We will be discussing the planets that can be seen during January. Any u3a member is very welcome to join the meeting. If you would like to join, then please contact me and I can then give you the Zoom details.

Malcolm Case

## FILM CLUB

### *Reminder from last month*

Now Christmas is past, and the days are a bit short and confined you might be interested in joining a "Film Club" as was suggested last month. See the December newsletter, but the gist is as follows:



It runs somewhat like a book club, a film is chosen and then we get together to discuss its merits, etc. We could choose films covering different themes or genre, golden oldies or more modern ones, using those available on the free to view services on the television. It is a way of watching films I may not have otherwise bothered with – romcoms not being something I would usually tune in to, love a western though.

Once the film has aired and been watched by the group, we could then get together via, sorry to say, Zoom to discuss.

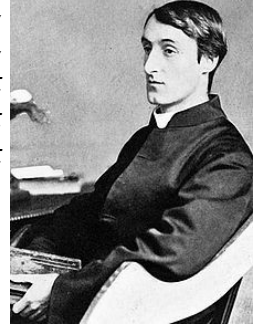
If you think you would like to join in, please let me know. The first meeting is now scheduled for **Wednesday 27<sup>th</sup> January** at 3:00 pm on Zoom. I will select a couple of films to start with once the television schedules are available and then get in contact with you. Once the first meeting has taken place, group members could then take it in turns to make the film selections.

Shirley Macro

## POETRY BY ZOOM

The groups next meeting will be on **Thursday 4<sup>th</sup> February** starting at 2:00 pm by using Zoom. The poet for discussion is Gerard Manley Hopkins.

**Gerard Manley Hopkins**, (born July 28, 1844, Stratford, Essex, Eng. —died June 8, 1889, Dublin), English poet and Jesuit priest, one of the most individual of Victorian writers. His work was not published in collected form until 1918, but it influenced many leading 20th-century poets.



Any u3a member is very welcome to join, if you would like to then please contact:

Malcolm Case for the Zoom details.

## 10 QUESTIONS TO TEST YOUR KNOWLEDGE

1. How long did the **Hundred Years War** last ?
2. Which country makes **Panama Hats** ?
3. From which animal do we get **Catgut** ?
4. In which month do the Russians celebrate the **October Revolution** ?
5. What is a **Camel's Hair Brush** made of?
6. The **Canary Islands** in the Atlantic are named after what animal ?
7. What was **King George VI's** first name?
8. What colour is a **Purple Finch** ?
9. Where do **Chinese Gooseberries** come from ?
10. How long did the **Thirty Years War** last ?

*Answers next month*

## MONTHLY MEETING



**2.00pm on Monday 15th February 2021**

This will be a “Live” presentation on Zoom

by **Steve Scruton**



*Steve has been for many years a popular broadcaster with BBC Radio Essex. His talk this time will be about the recreation of Pirate Radio off the Essex coast in 2004, bringing together many of the original DJs such as Tony Blackburn and Johnny Walker, the technical challenges involved and playing the music of the time.*

**Click on the link to join the Zoom session**

Session opens at 1.50pm for a 2pm start

## JIGSAW PUZZLES ONLINE



By popular demand we have added three more puzzles.



**Maldon u3a  
18th birthday 2016**



**Maritime Group trip  
to Liverpool 2015**



**Aviation Group trip to  
Shuttleworth in 2017**

Have a look on the website [www.maldonu3a.co.uk/jigsaws/jigsaws.php](http://www.maldonu3a.co.uk/jigsaws/jigsaws.php) and remember you can select the number of pieces according to your expertise.

If you have any comments or photos, especially of your groups' activities, which you think would make a suitable jigsaw, email [webmaster@maldonu3a.co.uk](mailto:webmaster@maldonu3a.co.uk)

## A CAUTIONARY TALE

At about 8.00am a few days before Christmas I received a phone call from an excitable woman, pleased that I had renewed my subscription of £79.99 to Amazon Prime. I was puzzled since I thought I had cancelled it. I told her this and we arranged for her to phone at 10.00 when I would sit by my computer and she would show me how to get my subscription refunded.

Accordingly, I followed her instructions over the phone while we went through several different screens on the computer, until eventually I needed to give my bank account details. I couldn't see any other way of getting my money back so reluctantly did so. Then she passed me over to her 'line manager' a charming young man with a long Asian name. Still online, he put me onto the form to complete, and I duly typed in the amount before pressing Continue. The next page showed my account details but the amount that had gone into my account was £7,999.00 not £79.99. I pointed this out to the young man who said I must have put the decimal point in the wrong place so now I needed to repay them £7,999.99. He said that they would make it £7,900.00 to include my repayment and another £20.00 compensation for the error. Sounded all right, so I went to my online bank to start this process, but meanwhile he suggested that as it was a lot of money I should perhaps check with my bank by phone.

I called up my bank and waited 40 minutes before getting through – and I am so glad I waited. After eventually talking through the whole thing with a young lady in Liverpool, she told me that it was a scam and she put an immediate stop to any transfer from my account. Of course, the £7999.00 had never actually been transferred to my account. Fortunately, I hadn't given him my card details, or she would have had to cancel that too, not good a few days before Christmas.

Apparently, there have been hundreds of scams like this, all very plausible and always carried out by charming people, and many of them involving Amazon or Amazon Prime.

I have never thought of myself as being gullible, but I really didn't suspect anything initially. Beware!

Veronica Smith

## Proposed MARITIME GROUP Programme 2021 (subject to change)

- Monday 4th January** talk by Julian Wong  
**zoom** 'Seafarers Centres around the World'.  
To donate: <http://www.stellamaris.org.uk/donate/>
- Monday 1st February** talk by Dr Megan Barford  
**zoom** 'Maps and Cartography'.
- Monday 1st March** talk by Jane Robinson  
**zoom** 'Clothing of East Coast Sailing'.
- Monday 5th April** Easter Monday. No meeting
- Monday 3rd May** Bank Holiday – if we can, then a day trip to be arranged depending on restrictions.
- Monday 7th June** talk by Janet Hall  
**zoom** 'The steam tug "Brent"'.
- Monday 5th July** talk by Andrea Raiker  
**zoom** 'The Maldon and Heybridge Heritage Harbour Association (MHHHA)'.
- Monday 2nd August** trip, to be decided
- Monday 6th September** 5-day holiday to Skipton
- Monday 4th October** David Griffith's talk, Part 3, "Life aboard a submarine".
- Monday 1st November** talk by Gordon Davies  
"Brunel's Greats" – the Gt Western, Britain and Eastern, putting them in the context of the times.
- Monday 6th December** discussion on 2022 programme.

## GEOLOGY GROUP

### New Mineral Discovered

A new type of mineral has been discovered by scientists and has been described as “amazing”. They have been analysing a rock mined in Cornwall about 220 years ago.

The dark green mineral has been named kernowite after Kernow, which is the Cornish language word for Cornwall. A group led by Natural History Museum (NHM) mineralogist Mike Rumsey made the discovery while studying a rock taken from Wheal Gorland mine in St Day.

For centuries, mineralogists believed the green crystals to be a variation of another mineral, liroconite, but Mr Rumsey and his team found it has a different chemical composition.

Blue liroconite is highly prized by collectors around the world, and the majority of it comes from the Wheal Gorland site. The mine was in use between around 1790 and 1909 but has since been demolished and there is now a housing estate on the site.

- A mineral is a naturally occurring chemical substance formed by geological processes.
- A rock is an object formed of one, or many minerals in combination.
- Many minerals form beautiful crystals, the most prized being those with bright colours, glass-like transparency, and attractive crystal forms.
- The gemstone minerals and their varieties, like diamonds, emeralds and rubies have been desirable since ancient times.



Kernowite has a distinct dark green colouring. The structure of the crystals is the same as liroconite, but kernowite contains iron instead of aluminium, creating the different colour.

*Information taken from BBC News Article.*

## PHOTOGRAPHY GROUP

The last meeting took place on 8th January by Zoom and we discussed our **Winter** photographs.



The pictures are now on our website, take a look on: [www.maldonu3a.co.uk/photography/photography.php](http://www.maldonu3a.co.uk/photography/photography.php) and see the complete collection.

Here are a some examples from both **Winter** and **Autumn**.



The theme for January is **Rivers** and February **Architecture**.

Email your entries to [webmaster@maldonu3a.co.uk](mailto:webmaster@maldonu3a.co.uk) **before Monday 1st February.**

Zoom viewing and discussion at **11am on Friday 5th February 2021.**

Open to everyone, all standards, up to three photos per member.

The only criterion is that you have taken the photos yourself.

Tony Groves

## LOCAL HISTORY GROUP

*A short article on the topical subject of the American Presidency.*

*Keep Well and Keep Safe,*

*Kathy, Jane and Sylvia*

### **Maldon's connection to the Washington Family**

The Rev Lawrence Washington (1602–1652) was an English rector, who was the great, great grandfather of America's First President George Washington.

He was the 5th son of the very large family of Lawrence Washington (1565–1616) of Selgrave Manor Northamptonshire. Lawrence was admitted to Brasenose College, Oxford, in 1619, gaining a BA and MA before becoming a rector in 1627. In 1632 the Archbishop of Canterbury, William Laud, made Lawrence proctor of Oxford, and under directions from Charles I and Laud, Lawrence helped to rid the University of its Puritan clergy.

His services earned him a lucrative appointment to the rectory of Purleigh, Essex, and enabled Lawrence to marry Amphilis Twigden, a literate, wealthy young widow, by whom he had six children.

However, during the Civil War, more than 100 priests of the Church of England were deprived of their livings for alleged treason or immorality by the Puritan Parliament. In 1643, Lawrence was censored on trumped-up charges of being "a common frequenter of ale-houses" and lost his benefice, and became rector of the impoverished parish of Little Braxted.

However, his wife and family were given shelter by the family of Sir Edwin Sandys, relatives who had connections with the Virginia Company, and through this, Lawrence's eldest son, John, was able to secure an apprenticeship with a London merchant where he learned the tobacco trade. John emigrated to America in 1656 and became the direct line to his great grandson, George, the first president of North America.

Lawrence died in abject poverty in 1652 and is buried in an unmarked grave in All Saints Church, Maldon.

There is a memorial stone in the church wall, and in 1928 the Washington window, commemorating the Washington family, was given to the church by the citizens of Malden, Massachusetts.

# MALDON u3a REFRESHED WEBSITE

www.maldonu3a.co.uk

**u3a** Maldon and District **learn, laugh, live**

**Joining**  
About us  
Monthly meetings  
Activity groups  
Social activities  
Newsletters  
Contact us

**Welcome to Maldon and District u3a**

*No longer in full-time work or raising a family?*  
**Make the most of life - explore new ideas, skills and interests with us.**

We are a non-commercial organisation for retired and semi-retired people in Maldon and surrounding areas. We are part of a UK-wide movement of locally-run interest groups that provide a wide range of opportunities to come together to learn for fun.

We hold a monthly meeting with a guest speaker in Wickham Bishops village hall on the 3<sup>rd</sup> Monday each month. While the pandemic restrictions prevent this, we have a Zoom meeting with a guest speaker. The Zoom invitation is published in the monthly newsletter sent to each member.

We have nearly 40 activity groups which organise meetings and outings for their particular interests. We also have several social events during the year to which all members are invited.

The Maritime group meetings are now held by **Zoom** and are open to any member. **See the Activity, Group page for details.** Contact Malcolm Cates for the Zoom invitation.

**Never used Zoom?** [Click here to go our page on how to get started, and how to connect your phone or tablet to your TV for a better viewing experience.](#)

**Activities on the national u3a website**  
Click on the links below to go to the relevant page on their website

[Weekly quizzes](#) [Crafting collaboration](#)  
[Photography](#) [Christmas decorations](#)

**Latest updates**  
You may have to click on the "refresh" icon in your browser's address bar to see the latest version of the page.

0<sup>th</sup> January 2021  
Business card updated.

5<sup>th</sup> January 2021  
3 more Photos added

21<sup>st</sup> December 2020  
Marketing email 4 2021 programme added.

19<sup>th</sup> December 2020  
[Click here for December's newsletter.](#)

**Brian Johnson** - ex-Chairman of this club and co-ordinator of the Aviston group, died recently. [Click here to go to a page for tributes and donations in his memory for Farleigh Hospice.](#)

**Links to other websites**  
[Privacy policy](#)  
[Data Protection policy](#)

**POLICE WARNINGS**  
**Fake BT call scam warning**  
**COVID Vaccine scam warning**

**u3a**  
**u3a**

[Click here to listen to the second national U3a podcast.](#)

## AN EASY QUIZ FOR BOXING DAY

## ANSWERS

- |   |                      |    |                        |
|---|----------------------|----|------------------------|
| 1 | Ankara               | 10 | 33                     |
| 2 | Claire               | 11 | 7                      |
| 3 | Victor Hugo          | 12 | Katrina                |
| 4 | A. J. Cronin         | 13 | 6                      |
|   | • Bill Simpson       | 14 | A snake                |
|   | • Andrew Cruickshank | 15 | Zorro                  |
|   | • Janet              | 16 | Crazy People           |
|   | • Tannochbrae        | 17 | Papillon               |
| 5 | Anthony Gormley      | 18 | 31.5 miles             |
| 6 | A fox                | 19 | Manfred von Richthofen |
| 7 | Rudolf Nureyev       | 20 | Norway                 |
| 8 | Margaret Mitchell    | 21 | Turkey                 |
| 9 | Mark Twain           |    |                        |

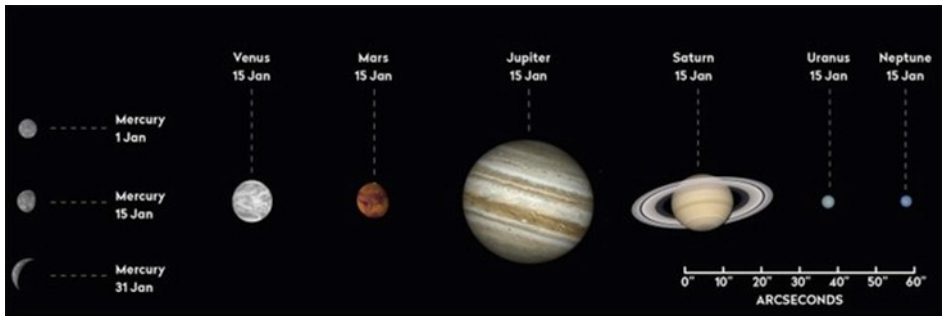
## THE NIGHT SKY – JANUARY 2021

At the start of January 2021, Mars is well placed, reaching its highest position due south around 19:00 UT. From the centre of the UK this positions it  $48^\circ$  up. Catch Mars close to the Moon on 20 and 21 January. At present the north polar hood (NPH) should be quite evident. This is an extensive cloud covering over the planet's north polar cap (NPC). The now rather depleted southern cap should also be visible as a small bright patch close to the planet's southern limb. The Red Planet has an encounter with the first quarter Moon on the evening of the **20 January**. Later, on the evening of **21 January** the now 58%-lit waxing gibbous Moon will lie  $6.4^\circ$  from Mars as darkness falls. On the evening of **21 January** mag. +0.2 Mars sits  $1.7^\circ$  north of mag. +5.8 Uranus.

As the month progresses, Mars moves east, slipping from the constellation of Pisces into Aries, reducing in brightness and apparent size as it goes. By the **end of the month** Mars shines at mag. +0.4 and presents a telescopic disc which appears 7.9 arcseconds across. Mars will move slightly further towards the north throughout the month, exceeding Uranus's declination on **11 January** to become the most northerly planet currently in our sky. At the end of January, against a background of darkening twilight, mag. +0.4 Mars is  $54^\circ$  up when due south at 18:05 UT. Although smaller than of late, the higher altitude will assist in stabilising our view of this enigmatic planet.

See Jupiter, Saturn and Mercury – Following the [Great Conjunction](#) on 21 December, evening planets Jupiter and Saturn remain close during January but their visibility degrades as they slip ever closer towards the Sun, Saturn reaching solar [conjunction](#) on **24 January**. This date marks Saturn's transition from the evening sky into the morning sky. In 2020, Jupiter lay west of Saturn. After the Great Conjunction the planets swap sides and Saturn will be lying west of Jupiter. Jupiter is the brighter of the pair at mag.  $-1.8$  and is the first to appear after sunset, typically visible from around 30 minutes after the Sun has dropped below the horizon. Mag. +0.9 Saturn is still pretty close at the **start of January** and should be fairly easy to pick out as the sky continues to darken.

Follow the ever-changing geometric patterns formed by the planets Mercury, Jupiter and Saturn after 9 January. They are joined by a waxing crescent Moon on 14 January 2021. From **7 January**, the pair are joined by Mercury. Located closer to the Sun on **7 January**, Mercury has the advantage of being relatively bright itself at mag.  $-0.9$ . From **9 January until 13 January**, Mercury, Jupiter and Saturn remain close, forming an ever-changing geometric pattern as the swifter inner planet appears to zip past the lumbering gas giants. By **13 January**, Mercury will still be bright at mag.  $-0.8$ . On **14 January**, Saturn will become tricky to spot unless you have a flat southwest horizon. On this date, Mercury, Jupiter and Saturn will be joined by a slender 2%-lit waxing crescent Moon. As Jupiter and Saturn are lost in the Sun's glare, Mercury continues to creep east towards a favourable eastern elongation on **24 January**.



The phase and relative sizes of the planets, January 2021. Each planet is shown with south at the top, to show its orientation through a telescope.

*Credit: Pete Lawrence.*

## The best planets to see in January 2021

### Mars

- **Best time to see** 1 January, 19:00 UTC
- **Altitude**  $48^\circ$
- **Location** Pisces
- **Direction** South
- **Features** Albedo markings, polar caps, weather
- **Recommended equipment** 150mm telescope or larger

## Mercury

- **Best time to see** 24 January, 30 minutes after sunset
- **Altitude** 9° (low)
- **Location** Capricornus
- **Direction** Southwest

Too close to the Sun in the evening sky, Mercury is difficult to see at January's start. After **7 January** it is visible 30 minutes after sunset close to Jupiter and Saturn.

Greatest eastern elongation occurs on **24 January** as mag.  $-0.5$  Mercury sets 100 minutes after the Sun. By **31 January**, although remaining above the horizon for 90 minutes after sunset, it will be mag.  $+1.1$ .

## Venus

- **Best time** to see 1 January, 30 minutes before sunrise
- **Altitude** 6° (low)
- **Location** Ophiuchus
- **Direction** Southeast

Venus is a morning planet rising 1.5 hours before the Sun on **1 January**, 55 minutes before on the **15 January** and 26 minutes before on **31 January**. A 4%-lit waning crescent Moon lies 6° west of mag.  $-3.9$  Venus on **11 January**.

## Jupiter

- **Best time to see** 10 January, 30 minutes after sunset
- **Altitude** 5° (low)
- **Location** Capricornus
- **Direction** Southwest

Jupiter and Saturn remain close; they begin the month near the Sun, but are then lost in solar glare. Both are visible low above the southwest horizon 30 minutes after sunset at January's start. As Jupiter and Saturn slip toward the Sun, Mercury joins them.

## Saturn

- **Best time to see** 10 January, 30 minutes after sunset
- **Altitude** 3° (very low)
- **Location** Capricornus
- **Direction** Southwest

Saturn is close to Jupiter at the month's start, appearing 1.3° away on **1 January**. As January progresses, this apparent separation increases. Mercury joins the pair between **8–13 January**, but Saturn is the fainter of the three. On **24 January**, Saturn is in conjunction with the Sun.

## Items from u3a National Newsletter—December

Direct links below and also via our own website

[www.maldonu3a.co.uk](http://www.maldonu3a.co.uk)

### u3a Radio Podcast



Click here to listen to the third national u3a podcast.

<https://www.youtube.com/user/TheU3a>

There is also a link on our website

### u3a National Programmes

<https://u3a.org.uk/learning/national-programmes>

This is the page where you will find many ideas to keep learning during these times – a mixture of suggestions from members and quizzes, challenges and projects from our subject advisers, members and other Trust Volunteers. Some are one-off events and others ongoing over a period a time. All of which are supported by members like yourself. Get involved!

Don't forget to look at our accompanying [Online Events](#) for an exciting range of workshops, webinars and interactive sessions delivered by members for members, which are free to join.

These events are very popular and you need to be quick to book a place.

**Catch up with all the latest u3a news and read the newsletter**

<https://mailchi.mp/u3a/your-u3a-national-newsletter-december?>

# YOUR COMMITTEE

Chairman Shirley Macro

Vice Chairman Malcolm Case

Secretary Carol Bates

Treasurer Geoff Cory

Membership  
Secretary Malcolm Case

Newsletter Liz Samson

Editor

Speaker Veronica Smith  
Secretary

Committee Alec Fraser

Tony Groves

Judith Johnston

Andrew Simmonds

Webmaster Tony Groves

Social Group Michael Childs

AV Equipment Mike Flack

Essex Assoc.  
of u3a's  
Committee Malcolm Case

Contact the u3a Office

**u3a**

156 Blackfriars Road  
London, UK SE1 8EN

**u3a** learn,  
laugh,  
live

Tel: 020 8466 6139

Email: [info@u3a.org.uk](mailto:info@u3a.org.uk)

[www.u3a.org.uk](http://www.u3a.org.uk)

# CO-ORDINATORS

Art Appreciation Andy Simmonds

Aviation tba

Astronomy Malcolm Case

Balti Night Bob Gowers

Graham Evans

Bird Watching Peter Gaywood

Michael Bagshaw

Botany Veronica Smith

Bridge Sheila Epps

Canasta Iris Slaney

Cribbage Pat Clements

Croquet Jean Healey

Shirley Macro

Discussion Bryan Jones

Egyptology Kathleen Goff

Sue Robinson

Family History Alan Buck

French Conversation Ann Lester

Geology Enid Hall

Handicraft Marian Manning

History—Stuarts Beryl McDonell

Just Jazz Jim Light

David Coombes

Local History Sylvia Cousins

Jane Coombes

Kathleen Goff

London Theatre Rosemary Case

Outings Joyce Cotterell

Luncheon 3rd Wed Paul Costa

Meet & Eat 2nd Wed Joyce Cotterell

Mah-Jong Molly Polden

Maritime Malcolm Case

Music Enid Hall

Appreciation John Skuse

Petanque (Boules) Jack Veash

Geoff Macro

Photography Tony Groves

Poetry Jo Robson

Reading Sheila Epps

Rummikub 1 tba

Rummikub 2 Beryl McDonell

Scottish Country Shirley Grummett

Dancing

Sing for Pleasure Sue Garnham

Strollers Gill Stone

Table Tennis Louis Gunn

Ten Pin Bowling David Arnold

Tree Identification Veronica Smith

Weekenders Beryl McDonell

Wine Circle No. 2 Graham Boswell

Wine Circle No. 3 Mary Burd

Paul Costa

Wine Circle No. 4 Ann Goody

Writing for Fun Patrick Forsyth

## NEW PARTNERSHIP WITH INDEPENDENT AGE



This winter u3a have a partnership with Independent Age to provide our members with quick access to their free and confidential advice line.

To access the Independent Age helpline, call freephone 0800 319 6789 or email your query to [advice@independentage.org](mailto:advice@independentage.org)

If you know what you want to talk about, say the codeword 'u3a' when you call or email and you will be put directly through to an advisor.

As well as their advice line, Independent Age provide a series of free guides which can be found on [their website](#).

## THE SILVER LINE

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

0800 4 70 80 90 [www.thesilverline.org.uk](http://www.thesilverline.org.uk)

## FROM THE EDITOR

Many thanks for all your contributions for this newsletter. I have appreciated the many and varied articles and enjoyed having first read. Please keep them coming.

Group Co-ordinators please share how your groups are coping in these strange times. Zoom meetings are easy to join and a good way to try something different or new. All u3a members welcome at all Zoom meetings.

Don't forget to keep looking at our website for any updates in-between newsletters. [www.maldonu3a.co.uk](http://www.maldonu3a.co.uk)

Liz Samson